



**Ontario Provincial Council**  
**Education & Health Standing Committee**  
**ONE Heart, ONE Voice, ONE Mission**

Directive # 6

Pages: 2 Attachments: 1

August 2016

To: Diocesan Education & Health Standing Committee Chairpersons  
From: Colleen Randall, Ontario Provincial Council,  
Education & Health Standing Committee Chairperson  
cc: Diocesan Presidents, Provincial Officers,  
National Education & Health Standing Committee Chairperson  
Attachment: 7 Amazing digital resources that will help your mental health

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National convention in Halifax was a dream. It is so hard to believe that it is over. It was a pleasure to spend time with approximately 130 members from Ontario at the provincial dinner. Good things DO grow in Ontario!!!

I want to extend a special welcome to our new National Education and Health Chair Fran Lucas. Fran and I worked together on another committee and I look forward to working with her again.

### **Catholic education**

Please keep all those going back to school in the next few weeks in your prayers including students, teachers, administration and parents.

The Catholic Register has an excellent special section on Catholic education. Please take the time to check it out at <http://catholicregister.org/features/archives/catholic-education-week/item/22924-catholic-education-special?platform=hootsuite>

### **Scholarships and bursaries**

The National Bursary will be awarded bi-annually. More details will follow as they become available. The criteria for application is available on the national website <http://cwl.ca/wp-content/uploads/2013/10/National-Bursary-Application-Form-2013.pdf> on page 2.

## **Wellness and sickness/disease**

At the national convention outgoing education and health chair Nancy Simms reminded us that the Hospice and Palliative Care pledge cards are available on the national website at <http://cwl.ca/extraordinary-jubilee-of-mercy-brochure-and-pledge-card/> . Have you filled out and returned yours yet??? All pledge cards should be to national office by October 31<sup>st</sup>. Early intervention and access to children and youth mental-health postcards are also available for printing (<http://cwl.ca/early-intervention-and-access-to-children-and-youth-mental-health-postcard/> ) and should be sent to both your provincial and federal government representatives. Why not make an appointment to visit your MPP in person? Talk to him or her about your concerns and their views.

Two resolutions concerning this standing committee were passed at the national convention:

*2016.02 – Eating Well With Canada’s Food Guide*

*2016.03 – Warning Labels on Food and Drug products for all Inactive Substances and Additives*

The full resolution, brief, works cited and action plans are available on the national website under resolutions.

As well two resolutions were passed at the provincial convention:

*ON.16.01 - Enhance the Canada Health Act to Include Home Care*

*ON.16.03 - Expand the Nutrition North Canada Program to Include All Communities Accessible Only by Air*

These are available on the provincial website <http://cwl.on.ca/resolutions>

I have attached an article from this past April from Canadian Living Magazine. Please share with everyone.

### **• Environment**

Watch for my short article on the 3 Rs in the Fall Trillium. Hopefully it will show members what is being done by local councils.

May Our Lady of Good Counsel guide us in all we do.

Yours in service to God,

*Colleen*