

Pre-Advent Meditation



We wait at the doctor's office. We wait in traffic. We wait in line at the coffee shop. We wait our turn. We wait for a sign from God. We wait to be heard. We wait.

Advent is waiting, also, but not in the listless, zoned-out way like we might wait at the local coffee shop, nor in the anxious, bored way we might wait at the doctor's office or in traffic. Advent is active waiting, when the Church readies—physically and spiritually—for the coming of the Christ

child.

It is important to participate in the parish preparations. We are a community of believers, after all. It is also important to prepare ourselves personally.

Come, long-expected Jesus. Excite in me a wonder at the [wisdom](#) and power of Your Father and ours. Receive my [prayer](#) as part of my service of the [Lord](#) who enlists me in God's own work for justice.

Come, long-expected Jesus. Excite in me a hunger for peace: peace in the world, peace in my home, peace in myself.

Come, long-expected Jesus. Excite in me a joy responsive to the Father's joy. I seek His [will](#) so I can serve with gladness, singing and love.

Come, long-expected Jesus. Excite in me the joy and love and peace that is [right](#) to bring to the manger of my Lord. Raise in me, too, sober reverence for the [God](#) who acted there, hearty gratitude for the [life](#) begun there, and spirited resolution to serve the Father and Son.