

SATURDAY, DECEMBER 9



The light of the moon will be like that of the sun and the light of the sun will be seven times greater (like the light of seven days). On the day the Lord binds up the wounds of His people, He will heal the bruises left by His blows. (Isaiah 30:26)

Reflection: God, while His ways are still mysterious to us, is not on the sidelines of our lives. Just as Isaiah predicted, He has come, in Jesus, to bind up the hurt of His people, and through Jesus' presence is still active in the world.

Advent Action: Find an opportunity today to be the hands of God, and "bind up" someone's hurt. Say a kind word and listen with compassion to someone who is suffering.

Before going to bed, say a decade of the rosary for your mother.

Prayer: Lord, flood me with Your light, and help me to brighten the lives of those whom I find most dark.