



Monday, December 11

Say to those whose hearts are frightened: Be strong, fear not! Here is your God, He comes with vindication; With divine recompense He comes to save you. (Isaiah 35: 4)

Reflection: In a world where political instability threatens long established order, where crime in our country seems out of control and unstoppable, there seems to be plenty to be afraid of. Isaiah reminds us that God's power is beyond anything on this earth that could frighten us. "Be strong" and "fear not" this **Advent**.

Is having a frightened heart different than just being afraid? The kind of fear we have in our hearts is usually fear for people we love. God's care encompasses them as well. Trust God's power.

Advent Action: Send a Christmas card to a young person you know and care about. Remind them that you are praying for them, and remind them of the faith significance of the upcoming holiday.

Prayer: Lord, You are my strength and with You here, my own fears fade right away.