



www.cwl.on.ca

## Ontario Sparks Catch the Fire! Bi-Monthly Online Newsletter February 2014

### We Have Seen the Lord

#### Inside This Issue

<b>Catch the Fire!</b> Sections (4 – 6)	2
Ontario Sparks Greetings	2
National <b>Catch the Fire!</b> <b>News S'mores</b>	3
<b>Catch the Fire!</b> Crossword Puzzle	4
<b>Catch the Fire!</b> <b>National Reports To:</b> National Office and National Organization Chairperson, Barb Dowding	
<b>Ontario Evaluation Reports To:</b> Provincial Organization Chairperson, Pauline Krupa	
Ontario Provincial <b>Sparks</b> , Andrea Tjioe and Hilarion Mitchell	

#### Ontario Provincial Organization Chair, Pauline Krupa

##### Receive the **light** of Christ

On the Feast of the Baptism of the Lord we heard how Jesus came to the river Jordan to be baptized by John. In his homily that week, Msgr. Stilla spoke about the sacrament of Baptism and its symbols. Among those is the lighted candle.



When we are baptized we are entrusted with the **light** of Christ. We are instructed "to walk always as a child of the **light**". We are compelled to keep the **flame** of faith alive in our hearts. The story re-presented itself again on Sunday January 19<sup>th</sup>. This retelling of the story is the nudge we need to remember what cements our journey in life. Through it we are reminded that we must live what we believe because through Baptism we are given the plan that God has for us. Baptism is the driving force behind our mission to embrace the Gospel message and live life the best we can.

As members of the League we are bound to live our Baptism call, we are empowered to be the **light** of Christ.

- We do serve others
- We are advocates for justice and human dignity
- We work in small ways to make our world safer and welcoming.

All of these are done through the Spirit of Our Lord living within us...that is...**the Light** of Christ.

## Ontario Spark's Greetings

Happy New Year! *Let your **light** shine before others as we continue to use the*



### **Catch the Fire!**

workshops to re-energize and increase members' understanding of what it means to

be involved in the Catholic Women's League.

Hopefully by this time you have read December 2013 online of this newsletter while it was posted on-line on the provincial website. Several of our Ontario dioceses have workshops scheduled this year as we head into Convention in July. We congratulate Timmins diocese for the first **Catch the Fire!** workshop of 2014 that was scheduled on January 18<sup>th</sup>. Kingston diocese had the second workshop of the year on January 25<sup>th</sup> despite having to brave a snow storm. As we return to our **Catch the Fire!** workshops we encourage organization chairs to submit the post workshop reports so that we can share your highlights with your sisters across the diocese and even Canada.



You are reminded that in addition to the Ontario evaluation form, National reports must be completed and submitted with all receipts to support your financial claims to ensure that you receive the funds requested.

## National Development Fund

Applications for subsidy for **Catch the Fire!** workshops are still available during 2014.

## Featured **Catch the Fire!** Modules **Light, Warmth and Energy**

**Light:** Luke 11:36 is the inspiration for this module. *"If then your whole body is full of light, with no part of it in darkness, it will be as full of light as when a lamp gives you light with its rays."* One of the activities is members' testimonials when their faith was enriched through their involvement in the League. One of The Objects of the League is to unite Catholic women of Canada to achieve individual and collective spiritual development.

**Warmth:** This module opens with the question, *"What does sisterhood mean to you?"* Participants are engaged in a



meditative activity on what the sisterhood means to them as members of the League. The goal is to celebrate the opportunity for friendships as members of the League. This cumulates with some of the ladies processing to the sacred space with the names of the ladies on the friendship chain as the remainder hold up their candles while the song *"Go **Light** Your World"* is being played.

**Energy:** "Lord, let the fire of Your love burn within us as we do Your work". This module looks at standing committees using the Constitution & Bylaws, National Manual of Policy and Procedure and the Executive Handbook. A notable fact in this section is the number 16,228 which represents the potential of having all standing committees being filled with a chairperson at all level of the League. This section closes off with the importance of annual reports.

**National Catch the Fire!  
S'mores News: National  
Catch the Fire! S'mores News**

Barbara Dowding, National President Elect and National Chairperson of Organization announced the next phase of the **Catch the Fire! S'mores**, "a collection of workshops to empower and energize League leadership," is a continuation to the **Catch the Fire!**



Members will be informed of the "launch process" in the near future.

More information

concerning the availability of **S'mores** will be available in the near future. Watch for information from your diocesan organization standing committee chairs.

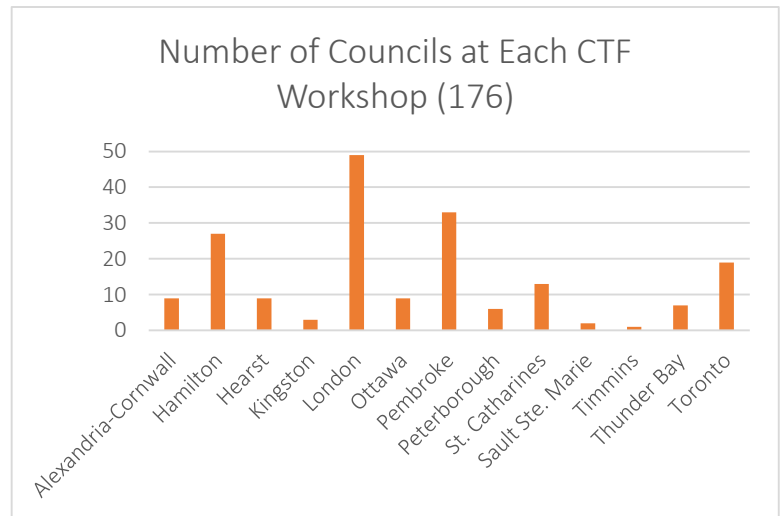
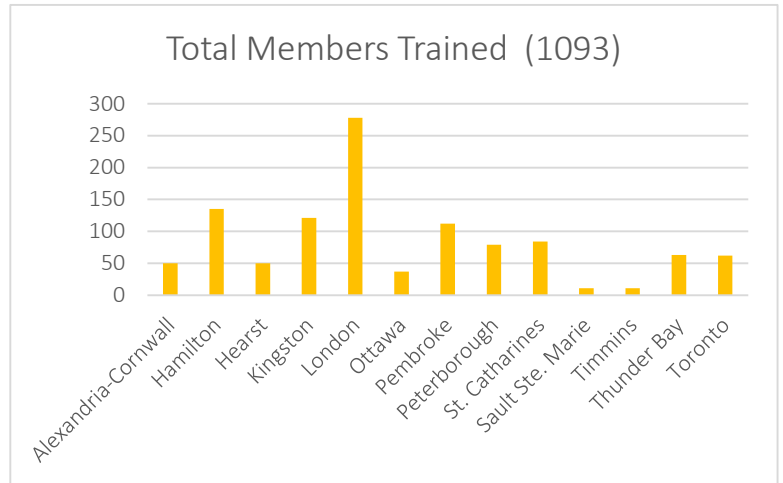
**Ontario Workshops S'mores Requests**

In reading all your reports submitted to date, the five most requested future training or **S'mores** were as follows:

- Mentoring
- Effective Meetings
- Conflict Resolutions
- Long and Short Term Planning
- Discernment



**Catch the Fire! Workshops  
July 2013 to June 2014**



**Future Catch the Fire! Workshops**

**Hamilton**

February 22<sup>nd</sup> (2 locations)

April 12<sup>th</sup>

**Kingston**

February 8<sup>th</sup>

March 29<sup>th</sup>

April 5

**Ottawa**

March 1<sup>st</sup> and 22<sup>nd</sup>

**Pembroke**

April 5<sup>th</sup>

**Timmins**

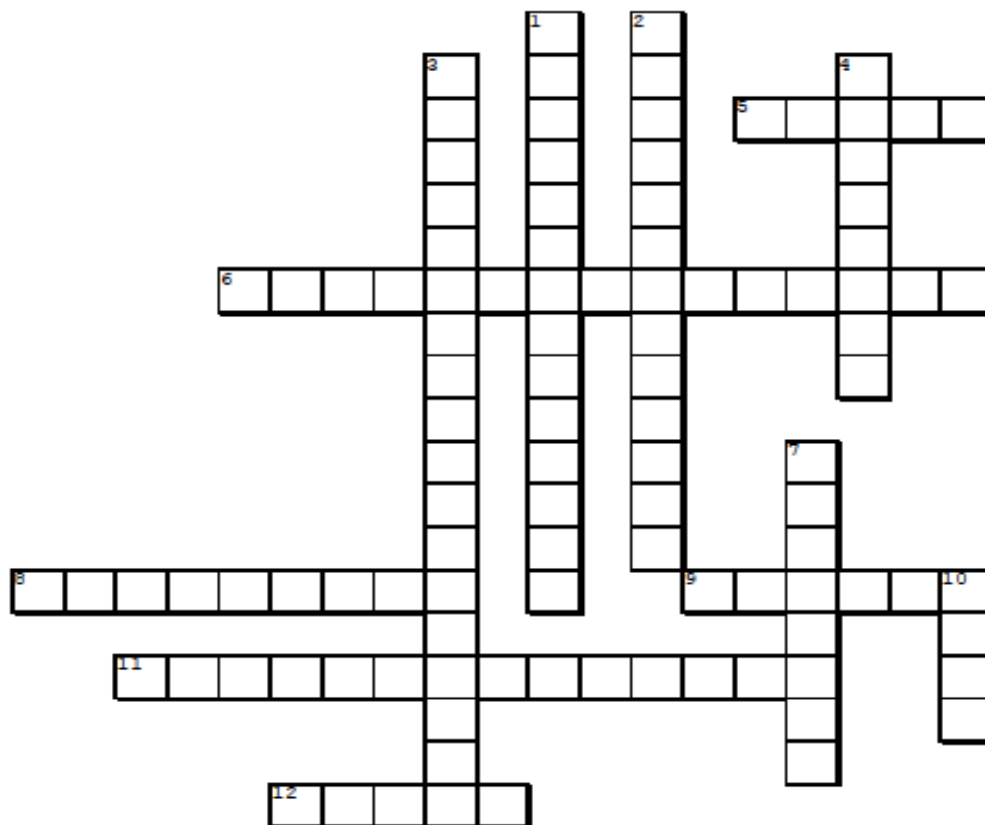
April 26<sup>th</sup>

**Toronto**

March 22<sup>nd</sup>

## Catch the Fire! Crossword Puzzle

Complete the crossword below



### **Across**

- 5. This module provides the basic structure and function of the League
- 6. Name of the first Catch the Fire Module
- 8. This item is very popular at Valentine's and is used to make the S'mores
- 9. Name the fifth CTF module
- 11. Name of one of the standing committees
- 12. The blue cross and 10 gold maple leaves set inside the inner white circle refers to the CWL

### **Down**

- 1. Name of this CWL leadership training program
- 2. Provincial CWL Organization Chair
- 3. Which module suggests that your meetings should be divided into thirds for spiritual, business and social time
- 4. This diocese is situated at the west end of Lake Ontario
- 7. How many dioceses are in Ontario
- 10. Information on how to write a resolution is in this CTF module

Next Ontario **Sparks Catch the Fire!** Newsletter will be posted on-line in early April 2014.