

12 Hours of Prayer – Thursday, May 4, 2017

Gifted by Ontario

The Guide (review silently prior to meditation)

Opening Hymn

You may choose to use the suggested hymn “Immaculate Mary” or another appropriate hymn.

(15 minutes) The Rosary - The Luminous Mysteries

There are options to use one Leader for entire rosary or to use a different leader for each section of the rosary:

- Beginning prayers prior to first decade
- Meditations prior to each decade
- Prayers for each decade
- Ending prayers after last decade

Have the meditations for the mysteries read before each decade. (See attached; make the attachment available to participants).

(30 minutes) Adoration of the Blessed Sacrament

For those who may wish to complete the one-hour meditation individually or in a group, where the Eucharist is not available for adoration, instead sit in silent, individual meditation.

Christian meditation “engages thought, imagination, emotion, and desire” in prayer. (Catechism of the Catholic Church, 2708)

Nothing is more powerful than spending time with Jesus in the Blessed Sacrament, and placing our prayers, petitions, and gratitude before Him.

“Nothing can do more to change the world, to bring about peace, to convert hearts, to make reparation for the many evils committed. By visiting Our Lord in the Blessed Sacrament, we take up the best weapon for the battles of our age and contribute to the healing of our culture.” (From the Manual for Eucharistic Adoration.)

The 1-Hour Meditation

Opening Hymn

Leader: Please stand as we begin with the hymn “Immaculate Mary”

The Rosary – The Luminous Mysteries

Leader: During our recitation of the rosary, we place our petition for increased palliative care and hospice care, and for the renewed protection of the rights of conscience for individuals and faith-based institutions, in Our Blessed Mother’s hands, to present to her Son. Jesus has promised that He would not deny anything that His Mother asks of Him.

Adoration of the Blessed Sacrament

Leader: “The Eucharist is God’s greatest gift to us – it is where Jesus’ heart meets the needs of the world on a daily basis.”

(PRAYERS FOR EUCHARISTIC ADORATION)

Opening Song

Leader: Please kneel as we prepare to begin our time of silent Adoration.

**Everyone: O Sacrament Most Holy,
O Sacrament Divine!
All praise and all thanksgiving,
Be every moment Thine!
(repeat 3 times)**

Prayer For Special Needs

By Mary Elizabeth Tebo, FSP

*Leader: Jesus, present in a special way in the Eucharist, I come to talk with you about a special need. Like Solomon who asked for wisdom, and received everything else besides, I, too, ask for your abundant blessings. Lord, I desire wisdom and compassion, and, in particular, I confide to you my special need: (here, mention our need for palliative care). I trust in your assurance that not even a sparrow falls to the ground without your Father’s knowledge. Therefore, I wait upon your mercy, for I believe that you will answer me. **Amen.***

In the process of spending time with Jesus, we are transformed by His grace, His love, His mercy, and His peace.

- Begin and end with an adoration hymn. (Sing joyfully, O Israel! Be glad and exalt with all your heart. The Lord is in your midst. ZEPH 3:14-15)
- Adoration booklets could be provided for those who attend, and/or participants could be asked beforehand to bring their own Adoration booklets with them.

You may use the acronym **ACTS** to guide your prayer:

A – Adoration – we lift up our hearts to Jesus

C – Confession – admit our sins (*this does not take the place of sacramental confession)

T – Thanksgiving – specifically remember to thank God for everything we have

S – Supplication – bring before God our requests for ourselves and others (palliative care)

15 minutes - *The Chaplet of Divine Mercy*

The Chaplet of Divine Mercy is an appropriate prayer to say during adoration because it is like an extension of the Mass: Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world. (Diary 476)

When we come to Eucharistic Adoration, we are running to the embrace of our Father. In *Rich in Mercy*, Pope John Paul II said, Our Father ... is always waiting for us to have recourse to Him in every need and always waiting for us to study His mystery: the mystery of the Father and His love.

(Above two paragraphs taken from ``21 Ways to Worship, A Guide to Eucharistic Adoration`` by Vinny Flynn.)

Scripture Reading

Leader: A Reading from the Gospel of John Chapter 15, verses 4, 5, and 7

“Abide in me as I abide in you. Just as the branch cannot bear fruit by itself unless it abides in the vine, neither can you unless you abide in me. I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing. ... If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you.”

30 Minutes of Silent Adoration
(you may remain kneeling or be seated)

Have Mercy – Psalm 51:1-2

To be prayed in the silence of your heart.

Have mercy on me, O God,
according to your steadfast love;
According to your abundant mercy
blot out my transgressions.
Wash me thoroughly from my iniquity,
and cleanse me from my sin.

Closing Song (repeat opening song)

The Chaplet of Divine Mercy

(Refer to attached document.)

Closing Hymn – Prayer of St. Francis

The Holy Rosary

*"With the Hail Mary we invite Her to pray for us.
Our Lady always grants our request. She joins Her prayer to ours."*

THE LUMINOUS MYSTERIES

The Apostles Creed

I believe in God, the Father almighty, creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, *who was conceived by the Holy Spirit, born of the Virgin Mary*, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. **I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.**

Our Father

Our Father, Who art in heaven; hallowed by Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. **Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen**

Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen**

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. **As it was in the beginning, is now, and ever shall be, world without end. Amen**

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those who are in most need of thy mercy.

HAIL, HOLY QUEEN, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

FIRST LUMINOUS MYSTERY - Baptism of Jesus

After Jesus was baptized, he came directly out of the water. Suddenly the sky opened and he saw the Spirit of God descend like a dove and hover over him. With that, a voice from the heavens said, *"This is my beloved Son. My favour rests on him."* (Mt. 3:16-17)

Spiritual Fruit: *Gratitude for the Gift of Faith; God will hear our prayers for Palliative Care.*

SECOND LUMINOUS MYSTERY

Wedding Feast of Cana

There was a wedding at Cana in Galilee, and the Mother of Jesus was there. ... At a certain point the wine ran out, and Jesus' mother told him, *"They have no more wine."* ... His mother said to the servants, *"Do whatever he tells you."*

(Jn 2:1-5)

Spiritual Fruit: *Fidelity; for continued commitment to the Sanctity of Life from conception to natural death.*

THIRD LUMINOUS MYSTERY

Proclamation of the Kingdom of God

Jesus appeared in Galilee proclaiming the good news of God: *"This is the time of fulfillment. The reign of God is at hand! Reform your lives and believe in the gospel!"* (Mk 1:14-15)

Spiritual Fruit: *Desire for holiness; moving us to action in support of access to palliative care and protection of rights of conscience for individuals and faith-based institutions.*

FOURTH LUMINOUS MYSTERY

The Transfiguration

Jesus took Peter, James, and his brother John and led them up on a high mountain by themselves. He was transfigured before their eyes. His face became as dazzling as the sun, his clothes as radiant as light. (Mt 17:1-2)

Spiritual Fruit: *Spiritual courage; to support the Sanctity of Life in spite of contrary public opinion.*

FIFTH LUMINOUS MYSTERY

Institution of the Holy Eucharist

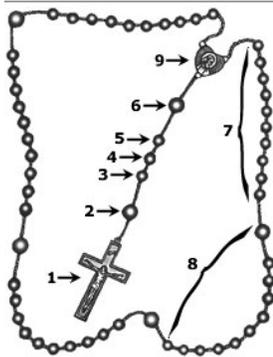
Taking bread and giving thanks, he broke it and gave it to them, saying: *"This is my body to be given for you. Do this as a remembrance of me."* He did the same with the cup after eating, saying as he did so: *"This cup is the new covenant in my blood, which will be shed for you."* (Lk 22:19-20)

Spiritual Fruit: *Love of our Eucharistic Lord; providing strength to continue to speak for the vulnerable facing end of life.*

The Chaplet of The Divine Mercy

How to Recite the Chaplet

The Chaplet of Mercy is recited using ordinary rosary beads of five decades. The Chaplet is preceded by two opening prayers from the Diary of Saint Faustina and followed by a closing prayer. *Italicized* and **Bold** words are responses to be recited by all; after the italicized words read by a leader/MC.



1. Make the Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. Opening Prayers (everyone)

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

(Repeat three times)

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

3. Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.

4. Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

5. The Apostle's Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

6. The Eternal Father – On the Our Father Beads

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

7. On the Hail Mary Beads of Each Decade

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

9. Conclude with Holy God

(Repeat three times)

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

10. Closing Prayer (everyone)

Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

11. Make the Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.