



Ontario Provincial Council of The Catholic Women's League of Canada
Spiritual Development Standing Committee

Directive #3

November 30, 2019

To: Diocesan Spiritual Development Standing Chairpersons

From: Emma Rose Rayburn, Ontario Provincial Council, Spiritual Development Chairperson

Sub-Committee: Lisa Fillingham, Anne Vincelli

cc: Archbishop Prendergast, Diocesan Presidents, Provincial Officers, Diocesan Spiritual Development Chairpersons, Sub-committee chairperson

The King of Glory is coming - Prepare ye the way of the Lord. You are invited to deepen your relationship with Him; to welcome Him into your life this Christmas in a new way, and not to be afraid to radiate the light of His love.

This short reflection offers you an opportunity to take some time out from the busyness of your life and come to a renewed awareness of the presence of Christ in your life and to slow your pace and become more in tune to His closeness to you. You are invited to deepen your relationship with Him; to welcome Him into your life this Christmas in a new way, and not to be afraid to radiate the light of His love.

As you pray with the material presented here, and reflect on the scripture, we hope that you will grow more aware of God at work in your life, to take a step back from the pressing concerns of everyday life, to reflect prayerfully on the current state of your relationships, with God, with the people around you, and with the world (our common home) in which you live.

Please click on the link to enjoy this reflection prepared by Busted Halo (awesome site to bookmark)

<https://bustedhalo.com/wp-content/uploads/2014/12/BH-AdventRetreat.pdf>

I was once told that singing is like praying twice - so I don't know if you want to join me in this theory but in case you do I've attached a song that is by Matt Maher and thou not a traditional Advent song it does sing (say) it all!!

<https://www.youtube.com/watch?v=ENcwWGfZWzQ>

Love Comes Down

by Matt Maher

I'm searching for a king and kingdom
Here among the beggars and the weak
The broken and redeemed
I'm finding grace beyond all measure
In flesh and blood He hides His majesty
Inside of You and me
Why would a king do such a thing?

Isn't it beautiful?
Isn't it marvelous?
The God of the universe He became one of us
We cry out and then
Love comes down again
Faith is found in Him, hallelujah

Oh glorious, beyond all measure
Bending low to wash His traitor's feet
People just like me
Why would a king do such a thing?

Isn't it beautiful?
Isn't it marvelous?
The God of the universe
He became one of us
We cry out and then
Love comes down again
Hope is found in Him, hallelujah

So sing, sing for faith
Sing for hope, sing for what great love has done
What was lost
He has found

Shout it out, oh
Isn't it beautiful?
Isn't it marvelous?
The God of the universe
He became one of us
We cry out and then
Love comes down again
Glory is found in Him, hallelujah

Your sister in song and prayer,

Emma Rose Rayburn

OPC Spiritual Development Chair

