



CATHOLIC WOMEN'S LEAGUE MEMBERS: You are Invited!

72nd Annual Provincial Convention



Care for our
Common Home

**This year's Annual Convention is being held at the
Ambassador Hotel & Conference Centre, 1550 Princess Street, Kingston.**

Saturday: Registration, Murder Mystery Dinner
Sunday: Wine Tour OR Trolley Tour of City,
Resolutions Dialogue, Opening Mass and Ceremonies
Monday: Business Sessions, Supplies/Vendors, Special Presentations,
Diocesan Dinners, Musical entertainment by *The Doherty Brothers Band*
Tuesday: Business Sessions, Supplies/Vendors, Resolutions, Presentations, Banquet,
Musical entertainment by "*The Clerical Crew*", Silent Auction Fundraiser
Wednesday: Business Sessions, Supplies/Vendors, Elections, Closing Mass,
Closing Luncheon

REGISTRATION CLOSES JUNE 12th, 2019!

Meals and activities are priced individually.

Make Hotel Reservations directly with the Ambassador at 1-800-267-7880
or Email: reservations@ambassadorhotel.com
(Rooms held until June 12th)
(1-4 people) \$139 + HST + DMF



Ask your President for more details, or visit <https://cwl.on.ca>

Kingston, Ontario July 13-17, 2019

**Ontario Provincial Council of
The Catholic Women's League of Canada**



Care for our

Common Home

72nd Annual Convention

July 13-17, 2019

Kingston Diocese

Registration and Information Package

72nd Annual Ontario Provincial Convention
Ambassador Hotel and Conference Centre
Kingston, Ontario



Greetings!

Co-convenors Bernadette Burgess and Kathy Huffman along with the members of the Kingston Archdiocese are working diligently to ensure that we have a wonderful convention from July 13-17, 2019.

Be sure to bring your sleuth cap for the Saturday night Murder Mystery Dinner and prepare your palate for the Sunday morning wine tasting experience.

A special treat this year will be a complimentary continental breakfast each morning, provided by the host council.

Professor Hazel Markwell from St Paul's University in Ottawa will be our Keynote Speaker. Professor Markwell was one of my Leading Learners in the Catholic Women's Leadership Course. She facilitated *Leadership and Catholic Social Teaching: Bioethics, Moral Issues for Leadership*. Her topic for our convention will be on the environment, *Care for our Common Home*, and how it relates to Homelessness and Bioethics from Pope Francis's encyclical *Laudato Si*.

Marilyn McLean from the Kingston Street Mission will be our speaker on Tuesday. The Kingston Street Mission is non-profit, completely volunteer run, and donation based. "The Mission", for short, is a "safe haven" and place of friendship and warmth.

This being an election year, we would appreciate your support. The women who are running have discerned and have prayerfully put their names forward.

I am looking forward to spending time with you in my home diocese and enjoying all the festivities. Book early to ensure your spot!

A handwritten signature in cursive script, appearing to read 'Anne', is placed above the typed name and title.

Hugs,
Anne Madden, President
Ontario Provincial Council of The Catholic Women's League of Canada



Kingston Diocesan Council of The Catholic Women's League of Canada



Dear Sisters in the League and Spiritual Advisors,

The members of the Kingston Diocesan Council are very excited to be hosting the 72nd Annual Convention of the Ontario Provincial Council of The Catholic Women's League of Canada in Kingston, July 13-17, 2019.

The Diocese of Kingston was founded in 1826 by partition of the Diocese of Quebec, and comprised the whole of Upper Canada west of the Ottawa River. The Diocese of Toronto, Ottawa, Peterborough, Alexandria-Cornwall and Sault Ste. Marie were once part of the Kingston Diocese. The late Archbishop Emeritus Francis J. Spence noted, "This is the mother diocese of all other dioceses in the province. History indicates to us that Kingston – in regard to Canada to churches and ecclesial communities – was very much the gateway to growth and development The province of Ontario's first Catholic high school, first Catholic hospital and first Catholic newspaper were established in this diocese."

The convention will be held at the Ambassador Hotel & Conference Centre, 1550 Princess Street, Kingston which is five minutes from VIA Rail Station and 20 minutes from Kingston Airport. As Kingston's largest conference hotel, the Ambassador offers free parking, free high speed internet access, a restaurant, and an indoor water park with a 100 ft. waterslide, whirlpools, saunas and eucalyptus steam room.

The convention committee has planned some exceptional events for your enjoyment. Join us Saturday evening for a "Murder Mystery Dinner". On Sunday you have the choice of travelling to one of Ontario's wine hotspots, Prince Edward County. You will visit two wineries for wine tasting and lunch. The second choice provides you the opportunity to sit back on a red trolley bus to enjoy an in-depth tour of Kingston's historic downtown and waterfront. Hop off after the tour and do a little shopping at the specialty shops and enjoy lunch at one of the many eateries downtown.

The opening Eucharistic Celebration on Sunday will be held at Cathedral of St. Mary of the Immaculate Conception. The Cathedral was consecrated October 4th, 1848 and was built in the Gothic style, with limestone quarried on the spot.

The closing Eucharistic Celebration on Wednesday will be held at St. Joseph Church. Opened in 1964, it was the first fully contemporary church in the archdiocese with the main altar facing the congregation.

Not only does the Kingston Convention Committee invite you to participate in the convention, but we invite you to take time to further discover the limestone city which has many art galleries and museums to explore. Enjoy the world-famous Sunset Ceremony at Fort Henry National Historic Site, board a 1000 Islands Cruise, step inside Canada's oldest penitentiary, or burn off calories along the Waterfront Pathway. Come early and/or stay with us after the convention to discover the countryside and neighboring small towns like Gananoque, the gateway to the Thousand Islands or cruise the Rideau Canal on LeBoat.

A reminder, the convention is a **Scent – Aware Environment.**

We are waiting for you! Come and join us!

Bernadette Burgess & Kathy Huffman
2019 Provincial Convention Co-chairs

Ontario Provincial Council of The Catholic Women's League of Canada 72nd Annual Provincial Convention 2019 Kingston, Ontario Tentative Program

Saturday, July 13, 2019 12:00 Noon - 5:00pm Registration 2:00pm - 4:30pm OPC Admin. Meeting (Regal Room) 6:00pm - 10:00pm Murder Mystery Dinner and Show	Tuesday, July 16, 2019 7:00am - 8:15am Breakfast (Frontenac Room) 7:30am - 4:00pm Registration (Ontario Room) 8:00am - 4:00pm Supplies & Vendors (Ontario Room) (open at non-sessions) 8:30am Eucharistic Celebration 9:30am Business Session Resumes Presentation of Resolutions 10:30am Coffee Break 11:00am Business Session Resumes Resolutions cont./Reports 12:00 Noon Delegates Luncheon: 1:30pm Presidents/Chairperson Reports 2:30pm Coffee Break 3:00pm - 4:00pm Guest Speaker Marilyn McLean Kingston Street Mission 4:00pm - 4:30pm Closing Prayer Announcements 6:00pm Social Hour/Cash Bar 7:00pm Banquet 8:30pm Entertainment "The Clerical Crew"
Sunday, July 14, 2019 7:00am - 8:15am Breakfast (Frontenac Room) 8:00am - 4:00pm Registration (Ontario Room) 8:15am - 2:00pm Tour - Choice of one: 1. Wine Tour-includes the Sandbanks Winery & Huff's Estate Winery OR 2. Kingston Trolley Tour of the City with drop off downtown for dining/shopping 9:00am - 2:00pm Pre-Convention Executive Meeting (includes provincial officers, diocesan presidents and diocesan spiritual advisors) 2:30pm - 4:00pm Resolutions Dialogue 5:00pm Buses to Mass 5:30pm Opening Eucharist 6:30pm Opening Ceremony/Reception	
Monday, July 15, 2019 7:00am - 8:15am Breakfast (Frontenac Room) 7:30am - 4:00pm Registration (Ontario Room) 8:00am - 4:00pm Supplies & Vendors (Ontario Room) (open at non-sessions) 8:30am Eucharistic Celebration 9:30am Business Session Opens 10:15am Coffee Break 10:45am - 11:45 Keynote Speaker: part 1 Professor Hazel Markwell, St Paul University, UOttawa <i>Care for our Common Home</i> 11:45am New Life Members Introduction 12:00pm Announcements 12:15pm Delegates Luncheon Life Members Luncheon Spiritual Advisors Luncheon 1:30pm - 3:00pm Keynote Speaker: part 2 3:00pm - 3:30pm Coffee Break 3:30pm - 4:30pm National President's Message & Theme Workshop TBD 4:30 pm Crowning of Mary 5:00pm Announcements 5:15pm Diocesan Dinners 8:00pm - 10:00pm Fun Night: Doherty Brothers Band	Wednesday, July 17, 2019 7:00am - 8:15am Breakfast (Frontenac Room) 8:00am - 10:00am Registration (Ontario Room) 8:00am - 11:00am Supplies & Vendors (Ontario Room) (open at non-sessions) 8:30am Morning Prayer Service 8:45am Business Resumes Announcements / updated Credentials 9:30am Elections 10:30am Coffee Break 11:00am Invitation to Hamilton 2020 Convention Final Registration Report President's Final Message Announcements Closing Prayer 11:30am Buses to Closing Mass 12:00pm Closing Eucharistic Celebration Installation of Provincial Executive 1:30pm Buses return to hotel 2:00pm Closing Luncheon (at Hotel) 3:00pm - 4:30pm Post Convention Executive Meeting (Lisbon Room) (includes provincial officers, diocesan presidents and diocesan spiritual advisors)

Please Note: Times & programs may change.

REGISTRATION FORM

72nd Annual Ontario Provincial Convention of The Catholic Women's League of Canada

July 13-17, 2019, Ambassador Hotel & Conference Centre, Kingston

REGISTRATION DEADLINE June 12, 2019
REFUNDS NOT GUARANTEED AFTER June 19, 2019

One person per registration form (photocopy forms as needed)

Name (please print) _____

Parish _____ Diocese _____

Address _____

City/Town _____ Postal Code _____

Telephone (____) _____ E-mail _____

☐ This is my first provincial convention

I am attending this convention as a: Please check only one item in this section **Voting and Accredited Delegates** ...please attach credential form

- ☐ Voting Delegate (Diocesan President)
- ☐ Provincial Officer
- ☐ Diocesan – Accredited
- ☐ Parish – Accredited
- ☐ Honorary Life Member
- ☐ Life Member

Non voting attendees

- ☐ Provincial Spiritual Advisor
- ☐ Diocesan Spiritual Advisor
- ☐ Catholic Women's League Member
- ☐ National Officer/National Spiritual Advisor
- ☐ Member of the Hierarchy
- ☐ Guest

Registration fee: \$15.00 per day OR \$30.00 for all three days

- ☐ **Monday**
- ☐ **Tuesday**
- ☐ **Wednesday**
- ☐ **Full Convention**

☐ \$10.00 late fee if registering after June 12, 2019

**PLEASE NOTE: The Annual Report Book is available free on our website;
www.cwl.on.ca. Hard Copies available - please enter # of copies
on the Meals/Events Form.**

The personal contact information provided will be used by the convention registration committee for registration and preparing of name tags and will be destroyed once the convention is adjourned.

Make all cheques payable to: 2019 Ontario Provincial Convention

Mail to: Nancy Richer, 11155 Grisdale Blvd., Iroquois, ON K0E 1K0

Phone: 613-652-1789

Email: cwlnancyricher@gmail.com

MEALS AND SPECIAL EVENTS ORDER FORM

72nd Annual Ontario Provincial Convention of The Catholic Women's League of Canada

July 13-17, 2019, Ambassador Hotel & Conference Centre, Kingston

ONE FORM PER PERSON

NAME (please print): _____

ADDRESS: _____

TELEPHONE: _____ **EMAIL:** _____

DIETARY NEEDS: () dairy-free; () diabetic; () gluten-free; () vegan; () vegetarian;
() other

MOBILITY NEEDS: _____

A Continental Breakfast will be offered from Sunday to Wednesday, compliments of the Host Council.

Saturday, July 13	Murder Mystery Dinner	\$60.00	
Sunday, July 14	Prince Edward County Wine Tour		
	Visit 2 wineries for wine tasting & lunch [] or	\$80.00	
	Kingston City Trolley Tour-drop off for shopping and lunch on your own []	\$45.00	
	Bus – opening liturgy	\$6.00	
Monday, July 15	Coffee break, morning	\$5.00	
	Choose One: Life Members Luncheon []		
	Spiritual Advisors Luncheon []	\$40.00	
	Attendees Luncheon []		
Tuesday, July 16	Coffee break, afternoon	\$5.00	
	Coffee break, morning	\$5.00	
	Buffet Luncheon	\$34.00	
	Coffee break, afternoon	\$5.00	
	Banquet-Sizzling Tasteful Duet; Filet Mignon with either: Oven Roasted Breast of Chicken [] or Seared Atlantic Salmon []	\$70.00	
Wednesday, July 17	Coffee break, morning	\$5.00	
	Bus – closing liturgy	\$6.00	
	Closing Luncheon	\$34.00	
	Number of Annual Report Books (Hard Copy)	\$5.00	
	Registration Fee (\$ amount taken from the Registration Form)		
	TOTAL ENCLOSED		\$

Hotel Reservations must be made directly with the Ambassador Hotel & Conference Centre

Phone: 1-800-267-7880 or Email: reservations@ambassadorhotel.com

Rooms will be held until June 12, 2019; 1-4 people \$139.00 + HST 13% +DMF 3%

Please identify yourself as a CWL Member when booking

Make all cheques payable to: 2019 Ontario Provincial Convention

Mail to: Nancy Richer, 11155 Grisdale Blvd., Iroquois, ON K0E 1K0

Phone: 613-652-1789

E-mail: cwlnancyricher@gmail.com

Credential Form – Provincial Accredited Delegate

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

Please check one:

☐ Provincial Officer and Life Member

☐ Provincial Officer

This is to certify that:

Name **(please print)**: _____

Address: _____

is an Accredited Delegate of the Ontario Provincial Council.

Signature of Provincial President: _____

Signature of Provincial Recording Secretary: _____

Return this form with your completed registration form.

Credential Form – Life Member Accredited Delegate

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

Please check one:

☐ Honorary Life Member ☐ Past Provincial President & Life Member ☐ Life Member

Name **(please print)**: _____

Address: _____

Diocese: _____

Signature of Honorary/Life Member: _____

Copy of convention minutes: YES NO (circle one)

Return this form with your completed registration form.

Credential Form – Diocesan Voting Delegate

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

This is to certify that:

Name **(please print)**: _____

Address: _____

is the Voting Delegate of the Diocese of: _____

Signature of Diocesan President: _____

Signature of Diocesan Recording Secretary: _____

Return this form with your completed registration form.

Credential Form – Diocesan Accredited Delegate (1)

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

This is to certify that:

Name **(please print)**: _____

Address: _____

is an Accredited Delegate of the Diocese of: _____

Signature of Diocesan President: _____

Signature of Diocesan Recording Secretary: _____

Return this form with your completed registration form.

Credential Form – Diocesan Accredited Delegate (2)

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

This is to certify that:

Name **(please print)**: _____

Address: _____

is an Accredited Delegate of the Diocese of: _____

Signature of Diocesan President: _____

Signature of Diocesan Recording Secretary: _____

Return this form with your completed registration form.

Credential Form – Parish Accredited Delegate (1)

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

This is to certify that:

Name **(please print)**: _____

Address: _____

is an Accredited Delegate of: _____ Parish Council.

Town/City: _____ Diocese: _____

Signature of Parish Council President: _____

Signature of Parish Council Recording Secretary: _____

Return this form with your completed registration form.



72nd Ontario Provincial Convention
The Catholic Women's League of Canada
Kingston Diocese, July 13-17, 2019



ACTION CHART

DATE	ITEM	ACTION
March Parish Council Meeting	Discuss the 2019 Ontario Provincial CWL Convention	<ol style="list-style-type: none">1. Promote attendance and participation at this year's convention.2. Consider the number of delegates from your council and amount of funding to make it possible for them to attend.3. Plan fundraising activities to provide funds for registration, meals and overnight accommodation for delegates.4. Set a deadline for determining who will be attending the convention, including your President, Spiritual Advisor, Life Members, etc.5. Promote fundraising items from the Ontario Provincial CWL website; https://cwl.on.ca
April/May Parish Council Meetings	Register for the Convention	<ol style="list-style-type: none">1. Copy, distribute and fill in appropriate number of Registration and Meals & Special Events forms for each member that will be attending the convention.2. Fill in the Accreditation Form and obtain signatures.3. Make all cheques payable to: <u>2019 CWL Provincial Convention</u>
June 12 DEADLINE	Submit all forms and payment for registration and meals	<p>Mail all of the following:</p> <ol style="list-style-type: none">1. All REGISTRATION and MEAL & SPECIAL EVENTS forms as well as the CREDENTIAL FORMS to Nancy Richer, 11155 Grisdale Blvd., Iroquois, ON, K0E 1K0. Cheques payable to <u>2019 CWL Provincial Convention.</u>2. Last day to book your hotel room(s) for special CWL rate at the Ambassador Hotel & Conference Centre. Call: 1-800-267-7880 or Email: reservations@ambassadorhotel.com



Kingston Restaurants

Close to the Ambassador Hotel & Conference Centre (1550 Princess St.) *within 15 min. drive

1. JM's Restaurant (within the hotel-seats 70)-offers international fare; 613-541-4683
www.jmsrestaurant.com
2. Cavalier Dining Room-serves everything from breakfast items to gourmet food;
2360 Princess St. 613-546-4233; Travelodge.ca
3. Rose & Crown-Family Restaurant & English Pub; 2815 Princess St.613-389-1278
rosecrownkingston.com
4. Greek Town-Authentic Greek & Mediterranean Cuisine 2805 Princess St.
613-384-3338; greektownkingston.com
5. Bistro Stefan-Family Restaurant; 1217 Princess St. 613-549-2211; bistrostefan.com
6. Dennys-Family Restaurant and Casual Dining; 670 Gardiners Rd. 613-634-6220;
dennys.ca
7. Montana's Cookhouse-630 Gardiners Rd. 613-384-5988; montanas.ca
8. Kelsey's-650 Gardiners Rd. 613-384-7784; kelseys.ca
9. East Side Mario's-774 Gardiners Rd. 613-389-8114; eastsidemarios.com
10. The Greek Islands Mediterranean Bar & Grill-331 Bath Rd. 613-544-7335
thegreekislandskingston.ca
11. Red Lobster-410 Bath Rd. 613-545-1058; redlobster.ca
12. Ramekins-Fine Dining. 1540 Bath Rd. 613-384-0793; ramekins.ca
13. Sakura Japanese Restaurant-1350 Bath Rd. 613-531-8882; sakurakingston.ca
14. Panda Garden-Chinese, Japanese & Canadian Buffet Restaurant.1036 Princess St
613-547-9888; pandagardenkingston.com
15. Saber's Taste of India; 2786A Princess; 613-384-5542; saberstasteofindia.ca
16. Golden Damrei-Cambodian and Thai; 850 Gardiners Rd.; 613-634-8171;
goldendamrei.ca
17. Limestone Kabob House-2511 Princess St.; 613-634-9600; limestonekabob.ca
18. Tandoori Sizzle-1046 Princess St.; 613-634-0044; tandoorisizzle.com
19. Mandarin Restaurant-1300 Bath Rd.; 613-546-2000; mandarinrestaurant.com
20. Eggsquis Restaurant-2774 Princess St.; 613-634-4405; eggsquis.com
21. Toast & Jam-1530 Bath Rd.; 613-766-3423; toastandjamcafe.ca

Downtown Restaurants-Close to St. Mary's Cathedral for the Opening Eucharist
(reservations are recommended)

1. Tir Nan Og-Irish- Pub Food; 200 Ontario St.; 613-544-7472;
2. DOX-Casual Fine Dining; Sunday Brunch available; 2 Princess St.; 613-549-8400;
3. Aqua Terra- Sunday Brunch available; 1 Johnson St.; 613-549-6243;
aquaterrakingston.com
4. Chez Piggy-International Dishes; 68 Princess St.; 613-549-7673; chezpiggy.com
5. Copper Penny-Family Restaurant; 240 Princess St.; 613-549-4257;
thecopperpenny.ca
6. Megalos Restaurant-Family Restaurant; 226 Princess St.; 613-531-9788
megalosrestaurant.com
7. Wooden Heads Gourmet Pizza-192 Ontario St.; 613-549-1812; woodenheads.com
8. Frankie Pesto's Italian Eatery-167 Ontario St.; 613-542-1071; frankiepesto.ca
9. Keg Steakhouse & Bar-300 King St.; 613-549-1333; kegsteakhouse.com
10. Milestone -27 Princess St.; 613-544-8338; milestonesrestaurants.com
11. Lone Star Texas Grill-251 Ontario St.; 613-548-8888; lonestartexasgrill.com
12. Windmills-Family Restaurant,184 Princess St. 613-544-3948; windmills-cafe.com
13. Curry Original-Indian Restaurant. 253A Ontario St.; 613-531-9376; curryoriginal.ca
14. Olivea-Italian & Mediterranean Cuisine; 39 Brock St.; 613-547-5483; olivea.ca
15. Jack Astor's-330 King St E.; 613-549-1207; jackastors.com
16. Grecos-Greek Cuisine-167 Princess St.; 613-542-2229; grecos.ca
17. Mango Restaurant-Thai Food; 161 Princess St.; 613-549-3815; mangorestaurant.ca
18. Geneva Crepe Cafe Bistro-297 Princess; 613-507-0297; genevacrepecafe.com
19. Delightfully Different Tea Room-197 Wellington St; 613-766-5966;

Alternate Accommodations

1. Travelodge Hotel LaSalle-indoor pool, whirlpool & sauna. 2360 Princess St.
1-800-567-0751; travelodgekingston.ca
2. Fireside Inn (Best Western)-1217 Princess St.; 1-800-567-8800;
bestwestern-kingston.on.ca
3. Maple Crest Inn-1454 Princess St.; 613-549-5550; maplecrestinn.ca

Shopping Areas

1. Cataraqui Town Centre-141 Stores with food court. 945 Gardiners Rd.
2. King's Crossing Fashion Outlets-101 Dalton Ave. (Division St. & the 401)
3. Rio Can Centre-616 Gardiners Rd.
4. Downtown Market-Open Tuesday, Thursday and Saturday; King. St. East



Directions & Modes of Transportation

Driving Directions to Ambassador Conference Resort -1550 Princess St.

Take Hwy. 401 East or 401 West to Kingston. Exit at Sydenham Rd., Exit #613.

Travel on Sydenham Rd. South to the first set of lights.

Turn left onto Princess St. (Hwy. #2) and through one set of lights.

The Ambassador Conference Resort is located on right. Outdoor parking is available on site at no cost.

To Opening Liturgy from Ambassador to St. Mary's Cathedral, 279 Johnson St.

Exit parking lot onto Princess St. S.; At 4th light, turn right onto Sir John A. MacDonald Blvd. At 3rd light turn left onto Johnson St. (one way) through 5 sets of lights. St. Mary's Cathedral on left. Street parking only.

From Cathedral to Ambassador

Exit church onto Johnson St., turn left off of Johnson. Drive one block, turn left onto Brock St. (one way) through 7 sets of lights. Turn right onto Sir John MacDonald Blvd. At 3rd light turn left onto Princess St. Follow Princess through 3 sets of lights. Ambassador is on left.

To Closing Liturgy from Ambassador to St. Joseph's Church, 392 Palace Rd.

Exit parking lot onto Princess St. S. At 4th light turn right onto Sir John A. MacDonald Blvd. At 2nd light turn left onto Bath Rd. At 2nd light turn right onto Palace Rd. Enter St. Joseph Church parking lot on right.

From St. Joseph's to Ambassador

Exit lot onto Palace Rd. Turn left at lights onto Bath Rd. At 2nd light turn right at Sir John A. MacDonald Blvd. At 3rd light turn left onto Princess St. Follow Princess through 3 sets of lights. Ambassador is on left.

Via Rail Canada offers frequent departures to Kingston from stations in Ottawa and along the Quebec City/Windsor Corridor. The station is located within a 5 minute drive of the Ambassador Conference Resort. Call 1-888-842-7245 or visit viarail.ca.

Air travel is available from Toronto's Pearson International Airport with Air Canada Express.

Promotional fares are often available. Call 1-888-247-2262 or visit aircanada.com.

Kingston's Norman Rogers Airport is located at 1041 Front Road (approx. 20 min. from the Ambassador). Visit kingstonairport.ca or call 1-613-389-6404 Monday to Friday, 8:30 am — 4:30 pm

Need a Ride from the train station or the airport contact Barbara Quinn 613-544-4836 or barbquinn46@gmail.com

Kingston Bus Transit — Details available at cityofkingston.ca/residents/transportation/transit or call 613-546-0000 (say "transit"), Monday to Friday, 8 am — 5 pm

Kingston Cab Companies:

- Amey's Taxi 613-546-1111
- Kingston & Amherst Taxi 613-542-3333
- Modern Taxi Company 613-546-2222