**Ecological Examen**

1. **I give thanks to God for creation and for being wonderfully made.**

*Where did I feel God’s presence in creation today?*

1. **I ask for the grace to see creation as God does – in all its splendor and suffering.**

*Do I see the beauty of creation and hear the cries of the earth and the poor?*

1. **I ask for the grace to look closely to see how my life choices impact creation and the poor and vulnerable.**

*What challenges or joys do I experience as I recall my care for creation? How can I turn away from a throwaway culture and instead stand in solidarity with creation and the poor?*

1. **I ask for the grace of conversion towards ecological justice and reconciliation.**

*Where have I fallen short in caring for creation and my brothers and sisters? How do I ask for a conversion of heart?*

1. **I ask for the grace to reconcile my relationship with God, creation and humanity, and to stand in solidarity through my actions.**

*How can I repair my relationship with creation and make choices consistent with my desire for reconciliation with creation?*

1. **I offer a closing prayer for the earth and the vulnerable in our society.**