



ONTARIO PROVINCIAL COUNCIL
OF THE CATHOLIC WOMEN'S
LEAGUE OF CANADA



ON-LINE NEWSLETTER

**OPC Convention 2014 Edition
Day 1 – July 7**

We Have Seen the Lord



The day opened with a Eucharistic Celebration. It was presided by Most Reverend Gerard Bergie and concelebrated by 10 spiritual advisors.

Mass was celebrated for the intentions of all those struggling with mental health.

Keynote Speaker: Ellis Katsof, CEO of Pathstone Foundations

Mr. Katsof started his presentation with a series of questions that made everyone in the room aware of how many people in our lives are affected by mental illness – the most extreme being suicide. His talk focused on symptoms and asked that we are vigilant in getting help for those in need. He insisted that TREATMENT DOES WORK! More information is available at mendthemind.ca





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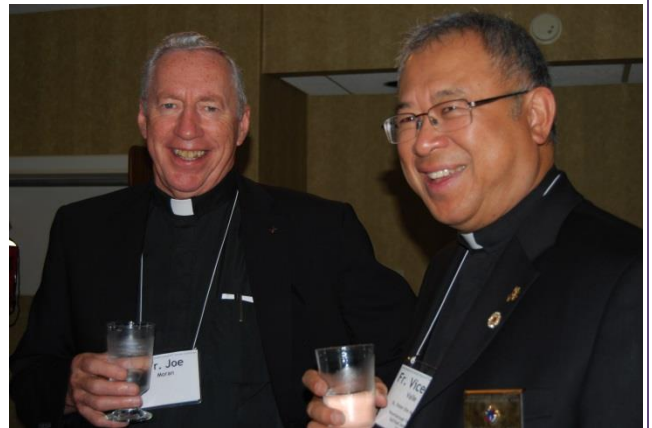
Life Member Lunch

Forty-three Ontario Life Members attended lunch. Seven members who passed away last year were remembered and five new life members were welcomed.



Spiritual Advisors' Lunch

Approximately 20 spiritual shared a meal to celebrate the good work of the League and show appreciation for the support of our beloved spiritual advisors.



National President-Elect, Barbara Dowding, brought greetings from the National President. Barb challenged us to "Meet people where they are at!" "Take a chance; Let the Holy Spirit take you where you need to go!" and "Put your gifts at the service of others."



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An Interactive Workshop – On the Way with Jesus - was presented by two members of the Timmins Diocese. The workshop was to draw attention to the presence of the Lord in our lives. It was enjoyed by all!

Closing Prayer for the day included the "Crowning of Mary"

