



April 2019 Edition

Featuring the Diocese of Peterborough and
Christian Family Life Chairperson, Linda Squarzolo

"Care for our Common Home"



Annie's Annotations

This Issue

Annie's Annotations.....	1-2
How the League has made a difference	2
Peterborough Diocese	3-6
Food for Thought	7
Eye on Legislation	8
OPC Convention.....	9
Ed. & Health.....	9
Strategic Planning	10
How Long Until its gone.....	11
Congrats	12
Communications	13
Plastic Pollution	14

"Our Lord has written the promise of the resurrection, not in books alone, but in every leaf in spring-time."

Martin Luther

Easter Blessings to one and All!

This is such a refreshing time of year; promise of new life is blossoming all around us. Easter is late this year making the new life in Jesus even more evident as spring emerges fully, refreshing our winter-worn tired souls. I hope that you take time to get outside and enjoy the fresh air and experience the excitement of the birds as they build their new nests, and frogs as they croak out the eternal song of spring. Warm your faces in the sun and rejoice that the Lord has risen!

I am anxiously awaiting the arrival of my 15th grandchild, always a time to celebrate God's abundant love.

I wish you a blessed, joy filled Easter with family and friends, and remember to invite someone extra into your celebrations who might otherwise have been alone.



Getty Images/iStockphoto

Hugs,

Anne

How the League has made a Difference in My Life

by Linda Squarzolo 1st Vice President/Christian Family Life Chairperson

I have been a member of the Catholic Women's League since 1975, for over 40 years. Throughout that time, I have faced much happiness and many challenges. I have been changed by the circumstances I encountered and the people I have met.

It may be hard to believe, but I was a very shy and quiet person. In fact, I am still, sometimes, nervous when I have to read at Mass. However, the League has given me the skills and confidence to speak in public.

When I was younger, the League gave me the opportunity to meet the women in the new town where we had settled. My involvement in the CWL gave me a way to volunteer, while still caring for my family and working at my teaching job. As my children became more independent and I finished taking university courses, I was able to take on executive positions on the parish CWL. After I retired, I was invited to become a member of the diocesan executive and now, I am serving as 1st Vice President on the provincial council.

I have always been an activist, writing letters to my member of government when issues arose. As a League member, I am not a single voice but, part of 80,000 whose influence can move mountains.

Throughout my life, I have found friends with similar interests and values as my own. I have met many women, who are members of the League, and we have developed wonderful friendships. Knowing these women and spending time with them brings me great happiness. Whether working together, or socializing, my League sisters and I always have a great time.

Diocese of Peterborough

- Submitted by Glenda Klein, Communication Chairperson, Peterborough Diocesan Council

Total collected in Peterborough Diocese for the CWL Warmth and Comfort project was 24 pairs of socks; 105 jars of peanut butter and 113 boxes of crackers.

Peterborough Diocesan Council

Eight life members and four officers attended the luncheon and Retreat for Officers and Life Members on November 5 at Ricky's Restaurant in Peterborough. Donna presented a beautiful spiritual program on the Jesse Tree and shared Advent prayers and bookmarks while guest Lillian O'Connell showed all how to make their own Advent wreath.



Pictured are: (Back) Secretary Rosemary Guy, President Paddy Fitzgerald Nolan, LM Joanne Hough, LM Elizabeth Condon, LM Willy Wicha, LM Glenda Klein, Organization Chair Helena Lessard. (Front) Guest Lillian O'Connell, Spiritual Development Chair Donna Moore, LM Lois Crider, LM Madeline Pearson, LML Marg Van Meeuwen, and LM Joan Gaensbauer.

Holy Angels, Brighton



Movie Nights with Meaning: Parishioners and friends join the CWL for a monthly movie night with a meaningful film, chosen from requests at CWL meetings. For a toonie, there are refreshments, conversation and fellowship along with a big screen movie. The president and her husband set up their equipment at the church hall. The lineup included: January – Fatal Flaws, February – Laugh Your Way to a Better Marriage with Pastor Mark Gungor (Part 1), March 21st, – (Part 2), April 14th – The Passion of The Christ, (by Mel Gibson). This video is available for use by other parishes in the diocese.



Our Lady of the Assumption, Otonabee and St. John the Evangelist, Keene

Pictured is member Rita Vilneff, modelling at our annual fund-raiser fashion show for Hospice, “Step into Spring”, which will be held May 1, 2019. For the last five years, our members have held this event. The parish hall is converted into a spring theme. For \$5 guests can enjoy seeing a show with members as models and master of ceremonies. There are door prizes and a delicious snack. It’s a wonderful social event and at the same time supports an important community service. Each year the proceeds from the show have gone to Hospice Peterborough. Last year we donated \$700.

St. Michael's Council, Cobourg

Many members attended the World Day of Prayer service at Calvary Baptist Church. It was an uplifting faith-filled ecumenical service inspired by the Slovenian women's group. Our CWL Lenten journey will begin March 15 by leading the parish Stations of the Cross. "Through service to the people of God" our members will act as ushers, reader, cross and candle bearers. Our journey continues on March 22 with Mass, soup and bread lunch, and spiritual reflection.

Celebrating Mass at our Lady of Good Counsel's Feast will be a great lead-in to our diocesan convention as we pray for the homeless and "Care for our Common Home".

St. Mary's, Lindsay



Members and friends gathered and donated 1,100 personal items and six ditty bags for the Boys and Girls Clubs of Kawartha Lakes Teen Centre. At their January 16th meeting, the packages were presented to guest speaker Carly Veitch of the Boys and Girls Clubs of Kawartha Lakes who enlightened them about the many services they offer for homeless youth and teens through their Youth Warehouse Program. A financial donation was also presented to Carly in support of the programs. Pictured are 2nd Vice-President Anne Marie Werry, Carly Veitch and President Lillian O'Connell.

World Day of Prayer

St. Mary's CWL, Lindsay, CWL hosted the World Day of Prayer service March 1st with the theme "Come, Everything is Ready". A warm welcome was extended to the 115 attendees. Eight other denominational churches participated. Committee members processed to our focus table, carrying dishes of milk, honey, bread, grapes and olives for our Agape Feast. Our choir led the hymns, prayers were offered, and stories of Slovenian women were told. Our



knowledge of the country of Slovenia and the women's hardships was increased with Donna Moore, Peterborough Diocesan Spiritual Development Chair as guest speaker. Refreshments and social time followed, with discussions about invitations and rejections. Pictured are Lillian O'Connell, Glenda Klein and Donna Moore.

St. John the Evangelist and Missions, Kirkfield



In June we invited all parish ladies to our potluck supper to showcase our CWL and show what the League has to offer. On July 29th our council celebrated its 85th anniversary with mass and a picnic. Pins were presented to members at mass. Later, Connie Whitton received her 50-year pin and Frances Montage Shaw her 65-year pin.

In April each year, we choose a secret prayer partner. During the year, we send cards and small gifts to our partner and pray daily for each other. In April, we reveal our partners amid much laughter and usually surprise. We then choose a new partner for next year.

Peterborough Diocesan Convention

For the first time, the diocesan council is coordinating the efforts of many councils and individuals to host this year's diocesan convention on April 27th and 28th at St. Catherine's School in Peterborough. Anne Taylor, Curve Lake Cultural Archivist will be the keynote speaker. Workshops will be presented by OPC President Anne Madden and two officers. Pictured are several members at the fall meeting choosing which items their council will bring to convention to be divided and shared with the homeless in several communities. Half of the presidents will create theme displays while the others will give oral reports.



God's Coffee



A group of alumni, highly established in their careers, got together to visit their old university professor. Conversation soon turned into complaints about stress in work and life.

Offering his guests coffee, the professor went into the kitchen and returned with a large pot of coffee and an assortment of cups – porcelain, plastic, glass, crystal, some plain looking, some expensive, some exquisite – telling them to help themselves to the coffee.

When all the students had a cup of coffee in hand, the professor said: "If you noticed, all the nice looking expensive cups were taken up, leaving behind the plain and cheap ones. While it is normal for you to

want only the best for yourselves, that is the source of your problems and stress. Be assured that the cup itself adds no quality to the coffee. In most cases it is just more expensive and in some cases even hides what we drink. What all of you really wanted was coffee, not the cup, but you consciously went for the best cups ... And then you began eyeing each other's cups."

"Now consider this," he continued. "Life is the coffee. The jobs, money and position in society are the cups. They are just tools to hold and contain life, and the type of cup we have does not define, nor change the quality of life we live. Sometimes, by concentrating only on the cup, we fail to enjoy the coffee God has provided us."



God brews the coffee, not the cups... Enjoy your coffee!

- Submitted by Anna Tremblay, OPC Spiritual Development Chairperson



12 Hours of Prayer for Palliative Care May 5-11, 2019

This initiative runs at the same time as National Hospice Palliative Care Week.
Please see the link below for further information and resources.

<https://cwl.ca/12-hours-of-prayer-for-palliative-care-2019/>



How much water will you conserve?

Don't forget to send your annual estimate to Colleen Martin at cwlresolutions@tbaytel.net by April 30th, 2019.



An "Eye on Legislation" ... here is a neat article with interesting information:

What's your number? How Parliament numbers its legislation

Every piece of proposed legislation that goes through Parliament, also referred to as a bill, has a title, but each one is also assigned a sort of code, like S-233 or C-16.

There is a logical system to the way bills are numbered.

When a bill originates in the Senate, the letter "S" is placed before the assigned number. When the letter "C" precedes the number, it means the bill was introduced first in the House of Commons.

The number also tells us something about a bill. They are numbered in chronological order based on when they are introduced - but that's not the only clue these numbers provide.

In the Senate, for instance, numbers 2 through 200 are reserved for Senate government bills. The government initiates most of its legislation in the House of Commons, but it sometimes introduces government legislation in the Senate. Regardless of where a bill originates, it must be adopted in identical form by both houses to become a law.

Numbers 201 to 1,000 are reserved for Senate public bills — pieces of legislation introduced by individual senators to address matters of broad concern and of national or regional interest.

The numbering is similar in the House of Commons: numbers 2 to 200 indicate a government House bill while 201 to 1,000 signify a private member's bill, the House of Commons equivalent to a Senate public bill.

Numbers 1,001 and up indicate a private bill in both houses. Not to be confused with a

private member's bill, a private bill is a fairly rare piece of legislation that affects only an individual or a small group of people, such as a bill to incorporate a private company. Private bills originate almost exclusively in the Senate. As for bills S-1 and C-1, those are symbolic bills introduced at the start of every parliamentary session.

Senate of Canada website – How and Why (October 18, 2017)

BILL NUMBER	BILL LETTER: C	BILL LETTER: S
	At the start of each session, Bill C-1 is always called <i>An Act respecting the Administration of Oaths of Office</i> .	At the start of each session, Bill S-1 is always called <i>An Act relating to Railways</i> .
1		
2 to 200	House of Commons government bills	Senate government bills
201 to 1,000	House of Commons private members' bills	Senate public bills
1,001+	House of Commons private bills	Senate private bills

(<https://sencanada.ca/en/sencaplus/how-why/whats-your-number-how-parliament-numbers-its-legislation>)

... thanks to Sue Lubowitz (sub-committee member) for sending this!

- Submitted by OPC Legislation Chairperson Karen McDonald

Ontario Provincial Convention – July 13th – 17th, 2019 Kingston, Ontario

Have you registered yet?

We are quite thrilled to present the 2019 Ontario Provincial Convention Package. Please review and send in your registration as soon as possible. We are looking forward to seeing you there! Details can be viewed on the website at:

<http://www.cwl.on.ca/sites/default/files/bulletin/1842.pdf>



Education and Health

Dates to Remember---

Earth Day April 22, 2019

For more information visit www.earthday.org



May 5th – 11th - 12 Hours of Prayer for Palliative Care

A palliative care kit will be available on the national website to download.

Catholic Education Week—May 5-10, 2019

The theme this year is *Living as Joyful Disciples*. The prayer and resources are available on ocsta.on.ca/resources/catholic-education-week-resources/. Let us all support our Catholic Schools and take part in any activities your school board has scheduled for this week.

STRATEGIC PLANNING

Soon we will be getting additional guidance on how to implement the new process in our councils. Here are some helpful suggestions to put you in the right frame of mind:

C**HRIST** is the centre for all our activities.
Carefully listen for directions from the planning committee.
Consider the length of time it will take your council to implement these changes.
Create a community so all are involved. Collaboration between the existing officers and the new committee titles is desired. Communicate and compliment when a job is well done.

H**OLY SPIRIT**, guide us in our transition. Look for spiritual blessings.
Hope that the major structural changes will be brought in with grace and harmony.
Help is available to understand and to implement the changes. You are not alone.
Honour the previous system but be open to new and more relevant ways.
Hear the voice and input of your members and share it with other levels.
Holiness, happiness and hospitality are key ingredients in this recipe for success.

A**FFIRM** and appreciate the gifts of each and every member. Attitude makes a difference! Start with and maintain a very positive attitude. Action comes after you have set your priorities. Pray for discernment. Accomplish your goals. Pray for success. Accept the fact that there may be bumps along this transitional road. Smile and enjoy the trip. Adaptability and flexibility are two attributes women have to help them succeed.

N**OURISH** the faith with which we have been blessed.
Now is the time. We are in Year One of the Strategic Plan.
New ideas and new ways of doing the same or new work should generate enthusiasm. Nurture the contributions of each member in the updating process.
Never say never. Close your eyes and imagine the possibilities and future outcomes.
Nice people doing nice things, sets a pattern and encourages more of the same.

G**OD** is our greatest inspiration and love. O God our help in ages past!
Go the extra mile when you are asked to cooperate and collaborate with others.
Gee, this is fun! It's hard to wait for this whole process to unfold.
Give as much as you are willing, but give generously.
Good humour is a wonderful characteristic and attitude to see you through these changes.
Gratitude is one of the four main ingredients of our prayers. Give thanks for all our blessings.

E**NVISION** the good works you can do within this new structure.
Education is important to understand the changes in this strategic plan. Become aware. Excite and infect your members with your own positive enthusiasm and feedback. Each person is important. Every idea has value. Energize, enthuse and enlighten. Elections are a major turning point in this process. Plan well in advance.
Enjoy, enjoy, enjoy the fruits of your labours!

- Submitted by Glenda Klein, Communication Chairperson, Peterborough Diocesan Council

HOW LONG UNTIL IT'S GONE?

Estimated Decomposition Rates Of Common Marine Debris Items



Apple Core	2 months
Waxed Carton	3 months
Foamed Buoy	50 years
Newspaper	6 weeks
Plastic Grocery Bag	10-20 years
Cardboard Box	2 months
Plywood	1-3 years
Disposable Diaper	450 years
Cigarette Butt	1-5 years
Paper Towel	2-4 weeks
Aluminum Can	200 years
Cotton Shirt	2-5 months
Glass Bottle	undetermined
Plastic Bottle	450 years
Plastic Beverage Holder	400 years
Photo-degradable Beverage Holder	6 months
Tin Can	50 years
Fishing Line	600 years
Styrofoam Cup	50 years
Wool Socks	1-5 years

www.off-grid.info

I thought it interesting that this post, "How Long Until it's Gone?" submitted on Facebook, reached an audience of over 15,975, which is really amazing...the largest reach since I have been the Communication Chairperson.

With our theme of "Taking Care of our Common Home", I believe more people are aware of how our actions are affecting our environment and the impact our actions have on future generations.

For those who missed it, I am reposting it here. Very interesting stats, and worthwhile sharing!

- Submitted by: Marie-Theresa Lamphier, OPC
Communication Chairperson



**St. John Vianney
CWL, Windsor, ON,**
London Diocese, was
proud to present

Eleanor Devine with a bouquet of flowers to
celebrate her 100th birthday. Eleanor still
resides in her own townhouse and is able to
drive herself to church. She has been a CWL
member for 24 years. Congratulations
Eleanor.

Helen Biales, President, presenting Eleanor
with her flowers.



On Friday, March 1st, **St. John Vianney CWL**
hosted the World Day of Prayer. They were pleased
to see a good representation of churches from their
area. Pictured are the presenters at the service.

- Submitted by Helen Biales, President, St. John Vianney
Parish

Update from the OPC Communication Chairperson

Effective June 30, 2019, the toll free, 1-888 phone number, at National will be discontinued.

For matters of administration (orders, membership, ON the Spot) please contact national office via e-mail.

With regards to other matters (policy, procedure, programs, actions, concerns) you are asked to first communicate directly with your parish councils. If they are not able to answer your questions they should first go to the Diocesan Level. If Diocesan cannot answer, they will go to Provincial on behalf of the member/council. If Provincial is unable to answer they will pursue it at the National level on behalf of the member/council.

After June 30th, ordering will still be the same. Members have to prepay before supplies are shipped. The only difference is that the toll free line will be gone.

Members can call national if they wish to use their credit cards or they can send their order with a cheque.

To see price list please visit national website www.cwl.ca click on "To Organize" then "500 series forms" then item #519 price list.

Dates to Remember:

The Feast of Our Lady of Good Counsel mass will be shown on TV on Friday, April 26, 2019 on Vision TV. Please check local television listings for air times.

H.U.G – (Helping, Understanding, Giving) Centenary Committee Project 2019

The Centenary Committee invite members to contribute to this year's project by putting together packages for distribution at local women's shelters in your areas. They suggest that councils contact their local shelter to ask which items are most in need of.

The following are suggestions only:

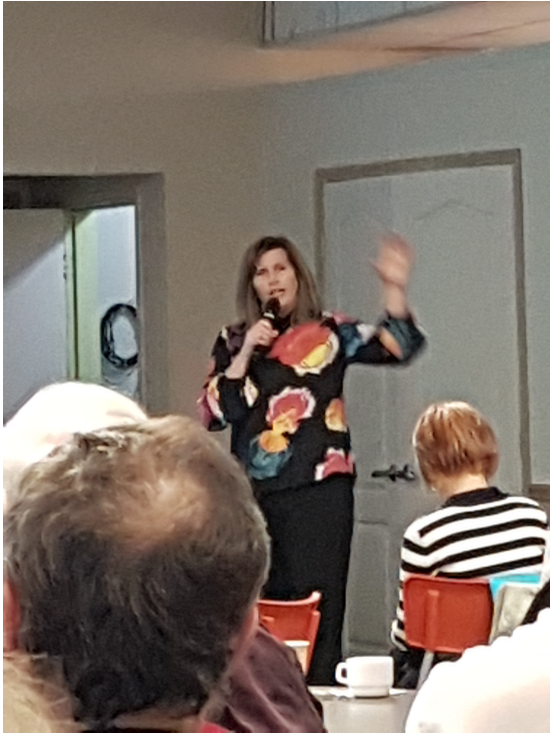
In small cosmetic bags, purses, travel bags or small backpacks.

- small travel size personal needs items such as toothpaste, toothbrush, Kleenex, brush, shampoo, razors (disposable) etc.
- Pajamas, slippers, underwear, socks
- Diapers, baby wipes
- Gift cards that allow a woman to choose the items that she and her family need the most
- Books, teddy bear, games, puzzles

The goal is 2,019 packages. The numbers are to be forwarded to Betty Colaneri, Chairperson, Centenary Committee at betty.colaneri@gmail.com. The total will be announced at national Convention.

-Submitted by: Marie-Theresa Lamphier, OPC Communication Chairperson

Plastic Pollution Presentation



Holy Family Parish, London, Ontario, held a presentation on plastic pollution. The speaker was Professor, Dr. Patricia Corcoran, from the Earth Sciences Department at the University of Western Ontario. It was co-hosted by the Social Justice Committee and the CWL. There were approximately 150 people in attendance.

- Submitted by Angela Pellerin, Past-President, London Diocesan Council

