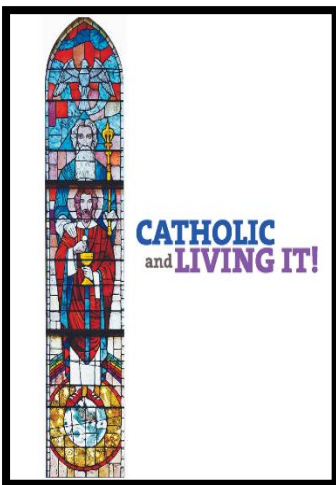




INVITATION
THE CATHOLIC WOMEN'S LEAGUE of CANADA
to the
75TH ONTARIO PROVINCIAL
ANNUAL MEETING OF MEMBERS/CONVENTION
July 10-13, 2022

This year's Provincial Annual Meeting of Members (AMM) will be held at the Ottawa Conference and Event Centre, 200 Coventry Rd., Ottawa, ON.

Saturday: Registration
Sunday: Opening Eucharistic Celebration,
Resolutions Dialogue
Monday: AMM 2022 Business Sessions,
Keynote Speaker
Tuesday: Reports, Guest Speaker, Banquet
Wednesday: Elections, Closing Eucharistic Celebration



REGISTRATION CLOSES JUNE 1, 2022

Meals are priced individually. Please see page 5 for hotel reservations for either:

- **Courtyard by Marriott Ottawa East, or**
- **Hampton Inn Ottawa by Hilton**

Ottawa, Ontario, July 10-13, 2022

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**75th Annual Ontario Provincial Convention
Ottawa Conference and Event Centre
Ottawa, Ontario**

Greetings,

Convention co-chairpersons Lynn Lavictoire and Moira Matthews, along with all members of the Ottawa Diocesan Council, are working diligently to ensure we have a wonderful convention July 10-13, 2022.

All COVID protocols will be followed while on site. Proof of vaccination must be shown to enter the facility and masks must be worn unless eating or drinking.

Please join us on Saturday evening as we enjoy dinner and a show at O Canada, Eh! I am certain all will enjoy this spectacular event. Tickets are limited so register early!

A city bus tour will be offered for those available Sunday morning. The bus will return to the hotel in plenty of time to get ready for the opening mass. The opening mass will be celebrated by Archbishop Marcel Dampousse at Notre Dame Cathedral Basilica on Sunday afternoon at 2:30pm. Buses will return to the hotel immediately after mass so you can enjoy a leisurely dinner before participating in the resolutions dialogue on Sunday evening at 7pm.

Our keynote speaker will be Father Mark Slatter, Associate Professor, Saint Paul University. Fr. Mark Slatter worked from 2000-2012 at The Ottawa Mission with the homeless and those struggling with substance abuse. He is Associate Professor of Theological Ethics at Saint Paul University in Ottawa. He lives at Waupoos Farm on the outskirts of Ottawa, an outreach that provides vacations to low-income families.

Tuesday will be report day! It is always a highlight to listen to the provincial chairs and diocesan presidents as they share the good news from across the province.

Please keep those who have let their names stand for this year's election in your prayers. The decision to serve is often easier with the support of their sisters at all levels of the League.

I look forward to spending time with you all in my home diocese. It has been too long!

Regards,

Colleen Perry

Ontario Provincial President



Ottawa Diocesan Council of The Catholic Women's League of Canada

Dear Sisters in the League and Spiritual Advisors,

The members of the Ottawa Diocesan Council are looking forward to hosting you at the 75th Annual Meeting of Members (AMM) of the Ontario Provincial Council of The Catholic Women's League of Canada in Ottawa. The AMM will be held on July 10-13, 2022 at the Ottawa Conference and Event Centre.

Our Ottawa Diocesan CWL Council began in September 1923 with the blessing of His Excellency The Most Reverend J.M. Emard, D.D. then Archbishop of Ottawa. In 1925, the Ottawa Diocesan Council had a Senior and Junior subdivision, later known as the Ave Maria Council. This was disbanded in 1962 when the National Council of the CWL instructed that the League should be organized by parish councils. Lying on the border of the provinces of Ontario and Québec, our history includes celebrating annual conventions (now called annual meeting of members) in our parish councils in the neighbouring cities of Gatineau and Aylmer in the 1960s.

In 1984, when Pope John Paul II visited Ottawa, members participated in a liturgical celebration and made monetary and food donations. At our Annual Ottawa Diocesan Convention in 2000, a time capsule was filled with memorabilia and sealed to be open at our 100th Anniversary in 2023!

In the theme of celebration, the opening Eucharistic Celebration on Sunday, will be held at Notre-Dame Cathedral Basilica.

While in Ottawa, extend your stay and discover all our capital city has to offer. Consider a visit to Parliament Hill or Rideau Hall and take in the changing of the guard ceremony at each site. Consider a walking tour in downtown Ottawa. Stroll eastward along Wellington Street, past the Parliament Buildings, visit the War Memorial, and consider a short boat cruise on the Rideau Canal or the Ottawa River. Continuing eastward, you will pass by the Rideau Locks and the Château Laurier, then turn up Sussex Street and wander into the ByWard Market with its restaurants and unique small shops. Have your picture taken at the Ottawa sign and don't forget to try our fabulous Beaver Tails!

A reminder, the AMM is a [Scent – Aware Environment](#).

We are looking forward to seeing you!

God bless,

The 2022 AMM Planning Committee



75th ONTARIO PROVINCIAL ANNUAL MEETING OF MEMBERS 2022 HOTEL INFORMATION

Dear Sisters in The League,

The Ottawa Diocese is looking forward to hosting the 2022 Ontario Provincial Annual Meeting of Members (AMM) from July 10-13. Everyone is working hard getting things ready and we now have the information you will need to make hotel reservations. The AMM involves the Courtyard by Marriott Ottawa East, the Hampton Inn and the Ottawa Conference and Event Centre. The first two locales are the hotel accommodations and the third is where the business sessions will be held. Fortunately, all are co-located forming a single complex. The rooms are \$159.00 per night. The relevant information for the hotels and event centre is provided below.

Indoor parking is complimentary. The parking facility is common to all three venues.

COURTYARD by MARRIOTT OTTAWA EAST

200 Coventry Road, Ottawa, ON K1K 4S3

You can make your reservations by calling the front desk at 613-741-9862 ext. 0 and book with the group code **CWL** or you can book directly online with the link: [Courtyard by Marriott Ottawa East CWL Booking](#)

HAMPTON INN OTTAWA

100 Coventry Road, Ottawa, ON K1K 4S3

You can make your reservations by calling 613-741-2300 and book with the group code **CWL** or you can book directly online with the link: [Hampton Inn Ottawa CWL Booking](#)

OTTAWA CONFERENCE and EVENT CENTRE

200 Coventry Road, Ottawa, ON K1K 4S3

Link: [Ottawa Conference and Event Centre Homepage](#)

May our journey continue with Our Lady of Good Counsel at our side. Looking forward to welcoming you to Ottawa in July 2022.

God bless,

The 2022 AMM Planning Committee



**Ontario Provincial Council of
The Catholic Women's League of Canada
75th Annual Provincial Convention
July 10-13, 2022 – Ottawa
Catholic and Living It!**

Tentative Agenda

<p>Saturday, July 9, 2022 12:00pm - 5:00pm Registration 2:00pm - 4:30pm OPC Admin. Meeting 6:00pm - 10:00pm Oh Canada Eh! – dinner & show</p>	<p>Tuesday, July 12, 2022 Report Day! 7:00am – 8:15am Breakfast on your own 7:30am – 4:00pm Registration 8:00am – 4:00pm Supplies & Vendors 8:30am Eucharistic Celebration 9:30am – 8:00pm Prayer Room 9:30am Business Session Resumes 10:30am Coffee Break 11:00am Business Session Resumes 12:00 Noon Delegates Luncheon 1:30pm Reports continued 3:00pm Coffee Break 3:30pm – 4:30pm Guest Speaker Fr. Daryold Winkler 4:30pm – 4:55pm Closing Prayer Announcements 6:00pm Social Hour/Cash Bar 7:00pm Banquet</p>
<p>Sunday, July 10, 2022 7:00am – 8:15am Breakfast on your own 8:00am – 4:00pm Registration 10:00am – 12:00pm City Bus Tour 9:00am – 1:00pm Pre-Convention Executive Meeting (Includes provincial officers, diocesan presidents, and diocesan spiritual advisors) 1:30pm Buses to Mass 2:30pm – 4:00pm Opening Mass Notre Dame Cathedral Basilica 4:00 pm Buses return to hotel 7:00pm – 9:00pm Resolutions Dialogue</p>	<p>Wednesday, July 13, 2022 7:00am – 8:15am Breakfast on your own 8:00am – 10:00am Registration 8:30am Morning Prayer Service 8:35am Business Resumes 08:45am National Instructed Vote 09:45am – 10:15am Elections/Reports 10:15am – 10:45am Coffee Break 10:45am – 11:00am From our Vendors 11:00am Invitation to 2023 Final Registration Report Spiritual Advisor's Message President's Final Message Announcements/Grace Closing Prayer 11:30am Buses to Closing Mass 12:00pm Closing Eucharistic Celebration Immaculate Heart of Mary Church Installation of Provincial Exec 1:30pm Buses return to hotel 2:00pm Closing Luncheon (at OCEC) 3:00pm – 4:30pm Post Convention Executive Meeting (Includes provincial officers, diocesan presidents and diocesan spiritual advisors.)</p>
<p>Monday, July 11, 2022 7:00am – 8:15am Breakfast on your own 7:30am – 4:00pm Registration 8:00am – 4:00pm Supplies & Vendors 8:30am Eucharistic Celebration 9:30am – 8:00pm Prayer Room 9:30am Business Session Opens 10:15am Coffee Break 10:45am – 11:45am Keynote Speaker: part 1 Fr. Mark Slatter - Loneliness 11:45am New Life Members Intros 12:00pm Announcements 12:15pm Delegates Lunch Rm 118 Life Members Lunch Rm 210 Spiritual Advisors Lunch Rm 211 1:30pm – 2:00pm Crowning of Mary 2:00pm – 3:00pm Keynote Speaker: part 2 Fr. Mark Slatter - Loneliness 3:00pm – 3:30pm Coffee Break 3:30pm – 3:45pm Archiving Resolutions 3:45pm – 4:15pm National President's Message & Theme Workshop 4:15pm – 4:30pm Strategic Plan update– Year3 5:00pm Announcement 5:15pm Diocesan Dinners</p>	<p>Wednesday, July 13, 2022 7:00am – 8:15am Breakfast on your own 8:00am – 10:00am Registration 8:30am Morning Prayer Service 8:35am Business Resumes 08:45am National Instructed Vote 09:45am – 10:15am Elections/Reports 10:15am – 10:45am Coffee Break 10:45am – 11:00am From our Vendors 11:00am Invitation to 2023 Final Registration Report Spiritual Advisor's Message President's Final Message Announcements/Grace Closing Prayer 11:30am Buses to Closing Mass 12:00pm Closing Eucharistic Celebration Immaculate Heart of Mary Church Installation of Provincial Exec 1:30pm Buses return to hotel 2:00pm Closing Luncheon (at OCEC) 3:00pm – 4:30pm Post Convention Executive Meeting (Includes provincial officers, diocesan presidents and diocesan spiritual advisors.)</p>

Please Note: Times and Programs may change

All business sessions will be in Room 118.

Prayer Room (Room 212) will be open 9:30am to 8:00pm Monday and Tuesday

Vendors Room (Room 118E) will be open during non-sessions only Monday and Tuesday

The Pre and Post Convention meetings will be in Room 210

Pre-Convention Optional Events:

If you are planning to arrive early in our city, we have made arrangements to offer you the following additional events prior to convention.

Saturday, July 9th, 2022 - Dinner/Theatre

Join us for a fun-filled encounter and dining as we enjoy Oh, Canada, Eh? This two-hour show features all-Canadian music: from maritime folk songs to modern pop. Come meet a singing Mountie, a Hockey Player, Anne of Green Gables, Klondike Kitty and more. This production features 70 songs from all-Canadian artists and where else are you able to enjoy the show while you are served your all-Canadian meal by the performers and especially a singing Mountie!!

We plan to book the required seats based on level of interest and the venue is conforming to all COVID protocols to ensure a safe and fun format and experience. Proof of vaccination is an Ontario Provincial requirement to attend the show.

Cost: \$100.00 which includes meal, show, as well as return transportation to our location.

Link to [Oh Canada Eh!? Dinner Show Ottawa – Totally Legit Productions](http://www.totallylegitproductions.com/ohcanadaeh)
www.totallylegitproductions.com/ohcanadaeh

Sunday, July 10th, 2022 - Ottawa Bus Tour

You may wish to familiarize yourself with Ottawa by taking a city bus tour on Sunday morning.

With sufficient interest, we are arranging to have the tour start from our location and thus ensure that you will return in plenty of time to have lunch and leave by bus for the opening Mass at Notre Dame Cathedral on Sunday afternoon. This guided tour would not allow for the option of hopping on and off at any of the sites along the route but would provide you with some points of interest that you may wish to pursue post-convention prior to your return home.

The cost for this one-and-a-half-hour tour is \$35.00

OPC Convention 2022 – Meal packages available for choosing:

MONDAY, JULY 11, 2022

Lunch: Working Lunch: consisting of:

- Artisanal Garlic Baguette
- Classic Caesar Salad
- Homemade Mac and Cheese
- Italian Style All Beef Meatball tossed in homemade tomato and basil sauce
- Kosher Pickles, Medley of Olives
- Sliced Seasonal Fruit
- Coffee, tea, decaf coffee included

Dinner: Buffet (This buffet is being offered as an option for Diocesan Dinner in hall versus booking at a restaurant in city).

- Assorted dinner rolls and butter
- Baby spinach with assorted dressings
- Bow Tie pasta salad with Kalamata olives and sun-dried tomatoes
- Baked cod with Tarragon and Fennel cream on bed of white and wild rice
- Chicken with Pesto and Mushroom
- Roasted potatoes
- Seasonal vegetables
- Sliced Seasonal fruit
- Coffee, tea, decaf coffee included
- Cash bar

TUESDAY, JULY 12, 2022

Lunch: Working Lunch: consisting of:

- House blend of baby spinach, kale and mesclun greens, Feta cheese with custom blend of pumpkin, chia and poppy seeds with dried cranberries and golden raisins
- Gourmet turkey burger handmade in-house turkey burger with infused basil, sun dried tomatoes and melted Swiss cheese, tomato, lettuce and guacamole on Artisanal Sesame bun
- Sweet potato fries
- Kosher Pickles, Medley of Olives
- Sliced Seasonal Fruit
- Coffee, tea, decaf coffee included

Dinner: Closing Banquet

- Cream of mushroom soup with caramelized leeks and fresh tarragon Red kale and micro-Romain Caesar with mustard croutons, shaved Asiago cheese and crispy pancetta chips with semi reduced tomatoes and classical Caesar Dressing
- Slow poached Atlantic Salmon on a bed of roasted garlic and celeriac puree with steamed broccolini, crispy onions and micro carrots, parmesan risotto drizzled with a saffron sauce
- Triple chocolate mousse
- Cash bar

WEDNESDAY, JULY 13, 2022

- Lunch: Boxed Lunch
 - Rosemary Ham with Gruyere Swiss on an Artisanal baguette
 - Traditional Greek Salad
 - Gluten Free Rice Krispie Square
 - Beverages not included

Restaurants and Hotels nearby the Ottawa Conference and Event Centre

Lone Star and Grill in Vanier, 1211 Lemieux St., Gloucester, Ottawa 613-742-9378 – large dining area – can accommodate groups of 20

Montana's, 1750 Ogilvie Rd., Gloucester (East Ottawa) 613-747-2744 – fairly large dining area – can accommodate 1 large group of 20

The Works, (burgers, poutine, salads), 363 St. Laurent Blvd. Ottawa 613-748-0406 - can accommodate a group of 20

Mandarin in Orleans, 2055 – Tenth Line, Orleans 613-834-7000 – large dining area – can accommodate groups of up to 100. Currently serving buffet on Fri. Sat. Sun. Monday through Thursday a la carte. Recommend notice well in advance.

Red Lobster, 1499 St. Laurent Blvd., Ottawa 613-744-7560 - moderate dining area but can accommodate 1 group of 20

Rotisserie Scores, 150 Trainyards Dr., Ottawa 613-562-1619 - very large dining area – can accommodate large groups (capacity 250 people)

Boston Pizza, 1055 St. Laurent Blvd. Ottawa 613-746-1039 can accommodate a group up to 40

Eastside Mario's, 1820 Ogilvie Rd. Ottawa 613-748-6931 – have one room for 40-50 people with 3 servers, confirm early

Moxie's, 1976 Ogilvie Rd., Ottawa 613-745-5556 can accommodate 10-15 people in a group, suggest making reservations 3 months in advance

Perkins Restaurant & Bakery (good pancake breakfast), 1130 St. Laurent Blvd., Ottawa 613-747-9190 no reservations, can accommodate 25 people sitting at different tables

Big Rig Restaurant & Brewery, 1980 Ogilvie Rd., Ottawa 613-688-3336 no advance reservations

Swiss Chalet, 540 Montreal Rd., Ottawa 613-746-1777 can reserve for 20-30 people

Breakfast Options

Tim Horton's, 115 Montreal Rd., Ottawa Directions – from 200 Coventry Rd. go left to intersection of Coventry Rd./Vanier Parkway. Turn right onto Vanier Pkwy, then left on Montreal Rd.. Tim Hortons immediately to your right on the corner.

Tim Horton's at the Trainyards Mall 100 Trainyards Dr. Directions – from 200 Coventry Rd. turn right on Coventry Rd., turn right on Belfast Rd. and then right onto Trainyards Dr.

Starbucks 380 Coventry Rd. Directions – turn right onto Coventry Rd., go just past the baseball park and it is on your right.

Perkins Restaurant and Bakery 1130 St. Laurent Blvd. Directions – turn right onto Coventry Rd., before intersection with St. Laurent Blvd it is on the left.

Nearby Hotels to the Conference and Event Centre

The Courtyard by Marriott, Ottawa East, 200 Coventry Rd., Ottawa 613-741-9862
www.marriott.com/hotels

Hampton Inn by Hilton, 100 Coventry Rd., Ottawa, 613-741-2300
www.hamptoninn3.hilton.com/en/hotels/ontario/hampton-inn-by-hilton-ottawa

Holiday Inn Ottawa East – 1199 Joseph Cyr St., Ottawa, 613-744-1060
www.holidayinn.com/ottawaeaston

Holiday Inn Express & Suites – Orleans, 500 Brisbois Cres., Ottawa, 613-824-8444
www.hieottawaorleans.com

Comfort Inn Ottawa East, 1252 Michael St. Ottawa, 613-744-2900
www.choicehotels.ca/en302

Shopping Malls

St. Laurent Shopping Mall

Downtown – Rideau Center

Trainyards Shopping Mall

ByWard Market

Place d’Orleans Shopping Center

Sparks Street

Notre-Dame Cathedral Basilica



Virtual Tour

www.photojpl.com/ottawa-notre-dame-cathedral-basilica-virtual-tour/-/5T0o3s00OE/

Top Picks of Things to See and Do in Ottawa

1. Central Experimental Farm and Arboretum www.agr.gc.ca/eng/about (613)-759-1982 aaaf.cef-fec.aac.@canada.ca
 2. Museum of Agriculture and Food – located at the Experimental Farm (613) 991-3044 or 1-866-442-4416 www.ingeniumcanada.org/agriculture/index/php
 3. Rideau Canal – a UNESCO Heritage Site www.parks canada.gc.ca/rideaucanal 1-888-773-8888 email – pc.rideau.pc@canada.ca
 4. Diefenbunker Museum www.diefenbunker.ca (613) 839-0007 info@diefenbunker.ca
- Note: Advance Tickets recommended as there are a limited # of people allowed at one time
5. Parliament Hill www.parl.gc.ca/vis 1-866-599-4999 Ceremonial Guard expected to resume in 2022
 6. Canadian War Museum www.warmuseum.ca 1-800-555-5621 To email go to website and provide email info.
 7. Museum of Nature www.nature.ca 1-800-263-4433 Tickets have entry times – tickets must be purchased in advance
 8. Bank of Canada Museum www.bankofcanadamuseum.ca 1-613-782-8914 Temporarily closed as museum is highly interactive. May change by July 2022. Email – museum-musee@bankofcanada.ca
 9. Canadian Museum of History www.historymuseum.ca 1-800-555-5621 Museum is located at 100 Rue Laurier in Hull. Underground parking available. \$2.75 for ½ hour. (613) 232-4801
 10. Canadian Aviation and Space Museum www.ingeniumcanada.org/aviation/index/php 1-866-442-4416. Advance tickets are required. Email – contact@IngeniumCanada.org
 11. Science and Technology Museum www.ingeniumcanada.org (613) 991-3044 or 1-866-442-4416. Advance tickets required
 12. National Art Gallery www.gallery.ca (613) 990-1985 or 1-800-319-2787 E-mail – info@gallery.ca
 13. Ottawa Art Gallery www.ottawaartgallery.ca (613)233-8699 Email- info@oaggao.ca Reserved booking times currently in place. Admission free.
 14. Byward Market – downtown Ottawa www.ottawatourism.ca 1-833-864-7839 info@ottawatourism.ca
 15. Royal Canadian Mint www.mint.ca 1-800-267-1871 Reservations recommended. reservationsottawa@mint.ca
 16. Rideau Hall www.gg.ca 1-866-842-4422 or 613-991-4422 email – guide@gg.ca
 17. Casino Lac-Leamy www.casinolacleamy.ca 1-819-772-2100 Located in Gatineau. Photo ID and vaccine passport mandatory. Contact www.ottawatourism.ca 1-833-864-7839

18. Rideau-Carlton Raceway Casino www.rideaucarletoncasino.com 1-877-870-7586 or 613-822-8668

19. NEW – InterZipRogers – a zipline across the Ottawa River 40 Jos-Montferrand St. Gatineau, QC 613-695-5248 Toll free: 1-833-652-1399 info@interzip.ca

Please Note: there are weight and medical restrictions – see website.

20. BATL Ottawa – Axe-throwing activity! 613-686-6642 2615 Lancaster Rd., Unit 29 Ottawa ottawa@batlgrounds.com Note: double vaccination required

Convention Travel Discount Codes and Booking Information

Your planning committee has secured the following travel discounts for CWL members travelling to and from the Ottawa convention. Our discounts codes have been reserved under "Catholic Women's League of Canada 2022 Ontario Provincial Convention." Please book all travel online however if you need assistance, a phone number for each travel provider is listed further below.

VIA Rail

- **Travel period:** July 7 to July 16, 2022
- **Territory:** From all stations throughout the VIA system to Ottawa, Ontario and return.
- **Restrictions:** Fare applies to a maximum of two passengers per booking. One complimentary stopover is allowed at no additional charge. For travel on all fare plans in Business class, the first stopover is allowed at no additional charge, provided that this stopover takes place in Toronto, Montréal or Ottawa only.
- **Discount:** 10% off the best available fare in Economy, Economy Plus, Business, Business Plus, Sleeper, or Sleeper Plus class. "Subject to the conditions and restrictions of the fare plan to which the additional discount is being applied."
- **Discount Code:** 14191
- **Online booking:** Go to <https://reservia.viarail.ca/> to initiate travel bookings.

Customer Service: 1-800-361-8010

WestJet

- **Travel period begins:** July 3 to July 20, 2022
- **Territory:** Travel to Ottawa, Ontario and return.
- **Restrictions:** Discounts do not apply to Basic or Business class bookings.
- **Discount:** 5% off Econo* / 10% off EconoFlex and Premium fares for travel within Canada.
- **Discount Code:** R68KR3J
- **Online booking:** Go to www.westjet.com/conventions to initiate travel bookings.

Customer Service: 1-888-937-8538

Air Canada

- **Travel period:** July 3 to July 20, 2022
- **Territory:** Travel to Ottawa, Ontario (YOW) and return.
- **Restrictions:** No discount will apply to Standard bookings for travel within Canada or between Canada and the U.S.
- **Discount:** 5% on standard fares 10% discount on Flex Fares and higher.
- **Discount Code:** A6QJHCT1
- **Online booking:** Go to www.aircanada.com to initiate travel bookings.

Customer Service:1-888-247-2262

Driving Directions to the Ottawa Conference and Event Centre

From the Southwest Ontario:

Driving east on Hwy 401, at the 416 interchanges, take 416 N, 74.9 km.
Use the right 2 lanes to take exit 75B to merge onto TransCanada Hwy 417 east toward Ottawa, 16.2 km
Use the 2nd from the right lane to take exit 117 toward Prom. Vanier Parkway 500m
Use the left 2 lanes to turn left onto Vanier Parkway N/Ottawa Regional 19, 600 m
Turn right onto Coventry Rd/Ottawa Regional 50 180m
Turn right – 200 Coventry Rd 94 m

From Southeast: (e.g., Cornwall)

Take Hwy 138 N 34 km
Take 417 West to Vanier Parkway/Ottawa Regional Rd. 19 57 km
Use 2 right lanes to take exit 117 from 417 West toward Prom. Vanier Parkway
Merge onto Vanier Parkway/Ottawa Regional Rd. 19 120m
Turn right onto Coventry Rd./Regional Rd. 50 180m
Turn right – 200 Coventry Rd.

From the Northwest: e.g., North Bay

Follow Trans Canada Hwy 17 going east. Hwy 17 becomes Hwy 417. Continue along Hwy 417 through Ottawa * approx. 360 km from North Bay
Use 2nd from the right lane to take exit 117 toward Prom. Vanier Parkway
Use 2 left lanes to turn onto Vanier Parkway N/Regional Rd. 19
Turn right onto Coventry Rd.
Turn right – 200 Coventry Rd.

From the Airport If Renting a Car

Take Airport Parkway/Route 79 North (Bronson Ave.) 6.9 km
Use the right lane to take ramp to Riverside East 140 m
Keep left at the fork, follow signs for Riverside Dr. East 150m
Keep right at the fork, follow signs for Riverside East and merge onto Riverside Dr./Regional Rd. 19 5.1 km
Continue straight onto Vanier Parkway/Ottawa Regional 19 600m
Turn right onto Coventry Rd. 180m
Turn right – 200 Coventry Rd.

Please Note:

There are also taxis and shuttle buses at the airport.
If this is your choice, then please ensure that you specify the Ottawa Conference and Event Centre address you are travelling to: namely, **200 Coventry Rd.**
There are several conference centres in Ottawa.

From the VIA Train Station 200 Tremblay Rd. Ottawa

Note that the VIA Train Station is across from the Convention Centre but separated by the Trans Canada 417 Hwy. However, there is the Max Keeping pathway that goes right over the highway and comes out at the ballpark parking lot, adjacent to the convention center. It is a walkable distance, about a 10-to-15-minute walk but carrying luggage, you may opt for a taxi. There is a car rental agency at the train station – Discount Car Rental 1-888-412-3733

Directions from VIA Train Station using car:

From the Station turn left onto Tremblay Rd.
Turn right onto Vanier Parkway/Ottawa Regional Hwy 19
Turn right onto Coventry Rd.
Right at 200 Coventry Rd.

Taxis are usually available outside the station or call Blue Line Taxi: 613-238-1111

WELCOME TO



Looking forward to meeting you in Ottawa in July 2022.

Safe trip.

Stay safe and be well.