

# Spiritual Development

July 22, 2022

Communiqué 07



*Catholic and Living It!*

**TO: Provincial Chairpersons of Spiritual Development**  
**CC: National Executive (for information)**  
**National Life Member Liaison (for information)**  
**FROM: Cathy Bouchard, National Chairperson of Spiritual Development**  
**ENCL: National Day of Prayer for Canadian Home Missions**  
**Resources for the National Day of Prayer for Christians in the Holy Land**

## National Faith Day

The national theme *Catholic and Living It!* lends well to the League's National Faith Day. The day is an opportunity for members to explore what they believe and how they live their faith.

**Proposed Date:** Third Saturday in September annually (September 17, 2022) or the first council meeting in September.

## Suggestions:

- *Prayers and Workshops for Women of Peace and Hope* (#820). Use the "Welcome: Prayer Service" on page 66. Find this resource on the League website at [cwl.ca/resources/800-series-workshops/](http://cwl.ca/resources/800-series-workshops/).
- This may be an opportunity to begin a study as a parish council, such as *Elements of the Catholic Mass*. Each episode has a discussion guide. Learn more at [elementsofthecatholicmass.com/\\_files/ugd/c6b83e\\_83dffe263c7b4417a16ca40e3f8434ac.pdf](http://elementsofthecatholicmass.com/_files/ugd/c6b83e_83dffe263c7b4417a16ca40e3f8434ac.pdf) and [elementsofthecatholicmass.com/episodes](http://elementsofthecatholicmass.com/episodes).
- Another option is to focus National Faith Day on learning more about how the catechism explains the creed. One resource is the video *What is the Creed and why is it important?* The creed is a statement packed full of meaning and mystery. Ask your diocesan counterparts to encourage members to talk about what it is and how it can affect their lives. Learn more at [realtrue.org/videos/what-is-the-creed-and-why-is-it-important/](http://realtrue.org/videos/what-is-the-creed-and-why-is-it-important/).

September 21<sup>st</sup> is National Day of Prayer for Christians in the Holy Land and October 1<sup>st</sup> is National Day of Prayer for Canadian Home Missions. Resources are enclosed for councils to use to enrich their spiritual programs in the fall.

*Cathy Bouchard*

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National Second Vice-President and Chairperson of Spiritual Development