



CATHOLIC WOMEN'S LEAGUE MEMBERS You Are Invited!!! 76th Annual Provincial Convention

**This year's Annual Provincial Convention
will be held at the Cornwall Civic Complex,
100 Water Street East, Cornwall, ON.**

Saturday: Registration, Mini Tattoo

Sunday: Bus Tour or Cruising the St. Lawrence,
Resolutions Dialogue, Opening Eucharistic
Celebration

Monday: Morning Mass, Business Sessions,
Prayer Room/Vendors, Keynote Speaker,
Good Things Grow in Ontario Diocesan
Dinner/Entertainment.

Tuesday: Morning Mass, Business Sessions,
Prayer Room/Vendors, Reports, Guest Speaker,
Banquet

Wednesday: Business Sessions, Prayer
Room/Vendors, Closing Eucharistic Celebration,
Closing Luncheon



CATHOLIC and LIVING IT!

REGISTRATION CLOSES JUNE 1st, 2023

**Meals and activities are priced
individually.**

Make Hotel Reservations directly with the
Best Western at 613-932-0451
Super 8 at 613-932-8888
Comfort Inn at 613-937-0111

**Ask your President for more details, or
visit <https://cwl.on.ca/>**

**COME AND MAKE A DIFFERENCE
YOU CAN MAKE A DIFFERENCE**

Cornwall, Ontario July 8th – 12th, 2023



ONTARIO PROVINCIAL COUNCIL Of The Catholic Women's League of Canada

"The glory of friendship is not the outstretched hand, nor the kindly smile, nor the joy of companionship; it is the spiritual inspiration that comes to one when he (she) discovers that someone else believes in him (her) and is willing to trust him (her)." Ralph Waldo Emerson

Plans for the 76th Annual Convention of the Ontario Provincial Council are falling into place. What joy I felt last year when the Alexandria-Cornwall Diocesan CWL offered to host the provincial convention in 2023! The team, led by Jeannie Coleman, have been working tirelessly since then to provide you with a memorable convention experience in Cornwall.

League gatherings have always given members the experience of "the outstretched hand" and "the joy of companionship" but, even more, we look forward to the wonderful hugs and the sisterhood our League members enjoy. Conventions offer opportunities to share our faith and to learn about the accomplishments of councils across the province.

I extend my personal invitation to you to attend the provincial convention in Cornwall July 9th to 12th.

I look forward to **bee**-ing with you at convention.



Blessings,

Linda Squarzolo

President, Ontario Provincial Council

The Catholic Women's League of Canada



**Alexandria-Cornwall Diocesan Council
Of
The Catholic Women's League of Canada**

Dear Sisters in the League and Spiritual Advisors:

The members of the Alexandria-Cornwall Diocesan Council look forward with enthusiasm to hosting the 76th Convention of the Ontario Provincial Council of The Catholic Women's League of Canada. On July 8-12, 2023, the Convention will be held at the Cornwall Civic Complex and Convention Centre, situated in the scenic Lamoureux Park along the banks of the St. Lawrence River.

On January 23, 1890, Rome created the Diocese of Alexandria, encompassing the counties of Glengarry and Stormont in the easternmost part of the Province of Ontario. The decree issued by Pope Leo XIII named Father Alexander Macdonell the first bishop of this new diocese. Bishop Macdonell, who chose the Parish of St. Finnan as his episcopal seat, would shepherd the smallest diocese in the country, with just 21,550 Catholics in 10 parishes served by 12 priests.

Under Bishop Eugene Larocque our name was changed to the Diocese of Alexandria-Cornwall on September 18, 1976. The Diocesan office was moved to Cornwall, where the parish of La Nativité was designated as co-cathedral.

On May 6, 2020, the Diocese of Alexandria-Cornwall was amalgamated with Ottawa Archdiocese. We are now known as the Archdiocese of Ottawa-Cornwall. The Most Reverend Marcel Damphousse is our Archbishop.

The newly created Archdiocese of Ottawa-Cornwall has a combined total of 132 parishes and missions, with a Catholic population of 454,515. It is served by 144 diocesan priests; 105 priests who are members of institutes of consecrated life; 94 permanent deacons; 12 Brothers and 467 Sisters who are members of institutes of consecrated life; and 12 lay pastoral assistants.

Our Catholic Women's League National theme is, "Catholic and Living it!" while our Provincial theme is "Go Make a Difference". We are proud of our diocese, and we can't wait to share our hospitality with all of you.

Our Eucharistic Celebration to open our convention will take place at St. Andrew's Church in historic St. Andrew's West on Sunday, July 9, 2023. Our closing celebration will be held at St. Peter's Church in Cornwall on Wednesday, July 12, 2023.

We look forward to your arrival!

Blessings,

***Jeannie Coleman*, Chair and the 2023 Convention Planning Committee**

THIS IS A VERY IMPORTANT MESSAGE:

Because of the shortage of hotel rooms in Cornwall please book your hotel rooms as soon as you receive your registration package. If something happens that you are unable to attend, you can cancel your room. Please confirm with the hotel when you book, in the case of an emergency how many days do you have to cancel without a charge to your credit card.

We have blocked rooms at three hotels. When you call, please indicate that, "you are booking with The Catholic Women's League, the C.W.L has blocked rooms for July 8th to the 12th".

The Best Western, The Parkway Inn, 1515 Vincent Massey Dr. Cornwall, ON Phone 1-613-932-0451.

The rates are;

1 Queen Bed, \$199.99, 1 King Bed \$209.00, 1 King Bed with Pullout Sofa bed \$219.00, 2 Queen Beds, \$229.99, Suite 1 King Bed \$279.00 *PLUS TAXES: 5% MAT (Municipal Accommodations Tax) and 13% HST The Rates are based on Single or Double occupancy, add \$10.00 for each additional person in the room. This price includes your breakfast. There are two levels to the Best Western and there is not an elevator so please specify ground floor if you have mobility issues.

Comfort Inn, 1625 Vincent Massey Drive, Cornwall, ON Phone 1-613-937-0111

The room rate is \$229.00 plus taxes and this includes a continental breakfast. If there are more than two in the room, there is a \$10.00 charge per extra person to cover the cost of breakfast.

Super 8, 2694 Brookdale Ave. Cornwall, ON Phone 1-613-932-8888.

The rate is \$179.98 plus taxes and this includes a continental breakfast. All the rooms blocked at the Super 8 have 2 Queen Size beds and there is not an extra charge if there are four in the room. These rooms must be booked by March 31st at this price. I was only able to block 20 rooms at the Super 8.

Parking at the hotels and convention centre are complimentary and plentiful.

*****If you need a shuttle service from either airport (Ottawa or Montreal) or the train station, please make sure to let us know. We would be more than happy to get you to where you are going!*****



**Ontario Provincial Council of
The Catholic Women's League of Canada
76th Annual Provincial Convention
July 8th – 12th 2023**

Cornwall Ontario

Tentative Program

<p>Saturday, July 8, 2023</p> <p>12:00pm - 5:00pm Registration 2:00pm - 4:30pm OPC Administrative Meeting 5:45pm Buses to Evening Event 6:00pm - 10:00pm. Mini Tattoo Dinner and Show</p>	<p>Tuesday, July 11, 2023</p> <p>7:00am – 8:15am Breakfast on own 7:30am – 4:00pm Registration 8:00am – 4:00pm. Prayer Room & Vendors (open at non-sessions)</p>
<p>Sunday, July 9, 2023</p> <p>8:00am - 4:00pm Registration 9:00am – 2:00pm Bus Tour of our Diocese/ or Boat Cruise both with Lunch 9:00am – 2:00pm Pre-Convention Executive Meeting (includes provincial officers, diocesan presidents and diocesan spiritual advisors) 2:30pm – 4:00pm Resolutions Dialogue 4:30pm Buses to Mass 5:00pm Opening Eucharist and Ceremony/Reception</p>	<p>8:30am Eucharistic Celebration 9:30am Business Session Opens 10:15am Refreshment Break 10:45am Keynote Speaker 12:00pm Announcements 12:00pm – 1:30pm Delegates Luncheon</p> <p>1:30pm – 3:00pm Business Session Resumes 3:00pm - 3:30pm Refreshment Break 3:30pm – 4:30pm Business Session Resumes, Closing Prayer & Announcements</p> <p>6:00pm Social Hour/Cash Bar 7:00pm Banquet/ Entertainment</p>
<p>Monday, July 10, 2023</p> <p>7:00am – 8:15am Breakfast on own 7:30am – 4:00pm Registration 8:00am – 4:00pm Prayer Room & Vendors (open at non-sessions)</p> <p>8:30am Eucharistic Celebration 9:30am Business Session Opens 10:15am Refreshment Break 10:45am Keynote Speaker 12:00pm New Life Members Introduction 12:05pm Announcements 12:15pm Luncheon - Delegates, 12:15pm Luncheon - Life Members 12:15pm Luncheon - Spiritual Advisors</p> <p>1:30pm – 3:00pm Business Session Resumes 3:00pm - 3:30pm Refreshment Break 3:30pm – 4:30pm Business Session Resumes 4:30 pm Crowning of Mary 5:00pm Announcements</p> <p>5:15pm – 10pm Diocesan Night–Good Things Grow In Ontario</p>	<p>Wednesday, July 12, 2023</p> <p>7:00am – 8:15am Breakfast on own 8:00am – 10:00am Registration 8:00am – 11:00pm Prayer Room & Vendors (open at non-sessions)</p> <p>8:30am Morning Prayer Service 8:45am Business Resumes 9:30am National President's Message/Workshop 10:30am Refreshment Break 11:00am. Invitation to Sault Ste Marie 2024 Convention 11:45am Final Registration Report, Announcements & Closing Prayer</p> <p>12:00pm Buses to Closing Mass 12:30pm - 2:00pm Closing Eucharistic Celebration and Reaffirmation of Provincial Executive 2:00pm Buses return to Civic Complex 2:15pm Closing Luncheon (at Civic Complex)</p> <p>3:00pm – 4:30pm. Post-Convention Executive Meeting (includes provincial officers, diocesan presidents and diocesan spiritual advisors)</p>
	<p style="text-align: center;">Please Note: Times & programs may change.</p>

OPC Convention 2023 Registration Package

Early Bird Registration Deadline: May 1, 2023

Registration Deadline: June 1, 2023

Late Registration Fee: \$10.00 extra after June 1, 2023

Please Note:

The completed registration package with e-transfer payment may be emailed to: actshirt2023@aol.com

OR mailed to:

Lynn Pomainville, Box 336, 40 Church Street, Moose Creek ON K0C 1W0

- Registration packages received, acknowledged and processed by May 1, 2023 shall be entered into a draw for the reimbursement of the registration fee (\$50.00).
- The Annual Report Book is available free on our website www.cwl.on.ca. Hard Copies are also available - please enter # of copies on the Meals/Events Form.

The personal contact information provided above will be used by the registration committee for the registration and preparation of name tags and will be destroyed once the annual meeting of members is adjourned.

For further information please address all email inquiries to:

actshirt2023@aol.com OR you may call 613-551-4040

NO SCENT IS GOOD SENSE.

REGISTRATION FORM

The Catholic Women's League of Canada
76th Annual Ontario Provincial Convention

July 8th -12th, 2023, Cornwall Civic Complex, Cornwall ON

EARLY BIRD REGISTRATION DEADLINE: May 1, 2023

REGISTRATION DEADLINE: June 1, 2023

NO REFUNDS AFTER June 19, 2023

One person per registration form (photocopy forms as needed)

Name (please print) _____

Parish _____ Diocese _____

Address _____

City/Town _____ Postal Code _____

Telephone (____) _____ E-mail _____

☐ This is my first provincial convention

I am attending this meeting as a: Please check only one item in this section

Voting and Accredited Delegates ...please attach credential form

- ☐ Voting Delegate (Diocesan President)
- ☐ Provincial Officer
- ☐ Diocesan – Accredited
- ☐ Parish – Accredited
- ☐ Honorary Life Member
- ☐ Life Member

Non-voting attendees

- ☐ Provincial Spiritual Advisor
- ☐ Diocesan Spiritual Advisor
- ☐ Catholic Women's League Member
- ☐ National Officer/National Spiritual Advisor Member of the Hierarchy
- ☐ Guest

Registration fee: \$20.00 per day OR \$50.00 for all three days

- ☐ Monday
- ☐ Tuesday
- ☐ Wednesday
- ☐ Full Convention

☐ **\$10.00 late fee if registering after June 1, 2023**

MEALS AND SPECIAL-EVENTS ORDER FORM

The Catholic Women's League of Canada
76th Ontario Provincial Convention
July 8th -12th, 2023, Cornwall Civic Complex, Cornwall

ONE FORM PER PERSON

Name (please print) _____

Address _____

Telephone (____) _____ E-mail _____

Dietary Needs: () dairy-free; () diabetic; () gluten-free; () vegan; () vegetarian; () other ()

Mobility Needs: _____

Breakfast is on your own. Complimentary with hotels mentioned in the registration package.

Saturday July 8th	Mini Tattoo (dinner & entertainment)	\$ 75.00	
Sunday July 9th	Historical Bus Tour with lunch *	\$ 50.00	
	Boat Cruise with lunch *	\$ 60.00	
	Bus to Opening Mass (St. Andrew's Church)	\$ 10.00	
Monday July 10th	Morning Refreshment Break	\$ 5.00	
	Luncheon	\$ 25.00	
	Spiritual Advisor Luncheon	\$ 25.00	
	Life Member Luncheon	\$ 25.00	
	Afternoon Refreshment Break	\$ 5.00	
	Good Things Grow in Ontario Soiree	\$ 50.00	
Tuesday July 11th	Morning Refreshment Break	\$ 5.00	
	Luncheon	\$ 25.00	
	Afternoon Refreshment Break	\$ 5.00	
	Closing Banquet – Prime Rib au Jus	\$ 75.00	
	Closing Banquet – Chicken Kiev	\$ 75.00	
Wednesday July 12th	Closing Banquet – Tortellini Parma Rosa	\$ 75.00	
	Morning Refreshment Break	\$ 5.00	
	Luncheon	\$ 25.00	
	Bus to Closing Mass (St. Peter's Church)	\$ 10.00	
	Number of Annual Report Books (hard Copy)	\$ 5.00	
Registration Fee (\$ amount taken from the registration form)		\$ 50.00	
Total Enclosed			

Please make all cheques payable to: CWL ON PROV CONVENTION 2023

The completed registration package with e-transfer payment (password: convention) may be emailed to:

actshirt2023@aol.com

OR mailed to:

Lynn Pomainville, Box 336, 40 Church Street, Moose Creek ON K0C 1W0

Credential Form – Provincial Accredited Delegate

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

Please check one:

___ Provincial Officer and Life Member ___ Provincial Officer

This is to certify that:

Name **(please print)**: _____

Address: _____

is an Accredited Delegate of the Ontario Provincial Council.

Signature of Provincial President: _____

Signature of Provincial Recording Secretary: _____

Return this form with your completed registration form.

Credential Form – Life Member Accredited Delegate

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

Please check one:

___ Honorary Life Member ___ Past Provincial President & Life Member ___ Life Member

Name **(please print)**: _____

Address: _____

Diocese: _____

Signature of Honorary/Life Member: _____

Copy of convention minutes: YES NO (circle one)

Return this form with your completed registration form.

Credential Form – Diocesan Voting Delegate

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

This is to certify that:

Name **(please print)**: _____

Address: _____

Is the Voting Delegate of the Diocese of: _____

Signature of Diocesan President: _____

Signature of Diocesan Recording Secretary: _____

Return this form with your completed registration form.

Credential Form – Diocesan Accredited Delegate (1)

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

This is to certify that:

Name **(please print)**: _____

Address: _____

is an Accredited Delegate of the Diocese of: _____

Signature of Diocesan President: _____

Signature of Diocesan Recording Secretary: _____

Return this form with your completed registration form.

Credential Form – Diocesan Accredited Delegate (2)

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

This is to certify that:

Name **(please print)**: _____

Address: _____

is an Accredited Delegate of the Diocese of: _____

Signature of Diocesan President: _____

Signature of Diocesan Recording Secretary: _____

Return this form with your completed registration form.

Credential Form – Parish Accredited Delegate (1)

This contact information will be used by the registration committee and provincial recording secretary for checking credentials, preparing voting cards and the credential record. Information will be destroyed once the convention is over.

This is to certify that:

Name **(please print)**: _____

Address: _____

is an Accredited Delegate of: _____ Parish Council.

Town/City: _____ Diocese: _____

Signature of Parish Council President: _____

Signature of Parish Council Recording Secretary: _____

Return this form with your completed registration form.

Convention Optional Events:

If you are planning to arrive early in our city, we have made arrangements to offer you the following additional events prior to convention.

Saturday, July 8th, 2023 - Dinner/Mini Tattoo

Since the first Games were held in 1948, the people of Glengarry have welcomed close to a million visitors to what is estimated to be one of the largest Highland Games in the world. Thousands of people are drawn each year to the village of Maxville to witness an outstanding display of music, dance, sports, fiddling, pageantry, and tradition.

Since we're a month too soon for the Glengarry Highland Games, we hope you will join us at the Convention Centre for dinner and our Mini Tattoo. Pack your favourite kilt, tartan or plaid, and prepare for a memorable evening of the traditional Scottish entertainment which adds such a distinctive flavour to our diocese! It will be a ceilidh (party) like no other ... Ceud mile failte! (One hundred thousand welcomes!)

[A ceilidh like no other! A memorable evening of tradition and entertainment you will not want to miss!](#)

Cost: \$75.00 which includes meal, show, as well as return transportation to the hotels.

Sunday, July 9th, 2023 – Historic Bus Tour

Join us for a scenic tour of historic Alexandria-Cornwall Diocese, "Where Ontario Began". Ride in air-conditioned comfort aboard a charter coach complete with onboard facilities. Friendly guides will accompany you and greet you at every stop. A delicious box lunch will be provided.

Sunday, July 9th, 2023 – Boat Tour of the St. Lawrence River

Tour the St. Lawrence River and see the country from a whole new perspective. An experienced guide will take you on a comprehensive tour of the Cornwall waterway. A once in a lifetime experience! A delicious lunch will be provided.

[Tours available depending upon registration**](#)**

Monday, July 10th, 2023 – Diocesan Night – Good things grow in Ontario

*NB - Most Cornwall restaurants are closed on Mondays (small city living!)

When our Alexandria-Cornwall Diocese attends a CWL Provincial Convention, our members make a special effort to support our President on the day she gives her report. When possible, those who can't attend for the entire Convention arrive by bus for the day. We wear distinctive shirts – a different colour each year – to offer our President a visual reminder that she is part of a sisterhood of friends. That evening, all of us with our Spiritual Advisor get together over dinner. It's cherished tradition and a fun evening as we renew friendships among the members from our Diocesan Executive and the Parish Councils.

We invite you to join us for our Diocesan Night Soiree at the Convention Centre. Our caterer will prepare a casual variety of pub fare and serve it buffet style. Mix and mingle! Visit with old friends and make new ones, all in a relaxed setting with dinner and drinks. For our entertainment, we will have an Open Mic. Bring your musical instrument ... prepare a skit with your Council ... tell a story ... we have so much talent between us to showcase. Good Things Grow in Ontario ... like the bonds that bind you, me, and our CWL sisterhood!

**** Because the convention site is not at a hotel, and since Cornwall's restaurants are at a bit of a distance from Lamoureux Park, we have secured a trusted caterer for the duration of our Convention. Delicious options await us! Morning break snacks, lunches and dinners will have a different flare each day. All sauces are gluten free; made with rice flour. We think you will enjoy the time-saving convenience of staying on-site for snacks and meals; however, a listing of nearby dine-in and fast-food restaurants is available. ****

<https://cornwalltourism.com/eat/>

Complex Site Map and Driving Directions

The Civic Complex is located in Lamoureux Park, along the St. Lawrence River just south of Cornwall's downtown business district.

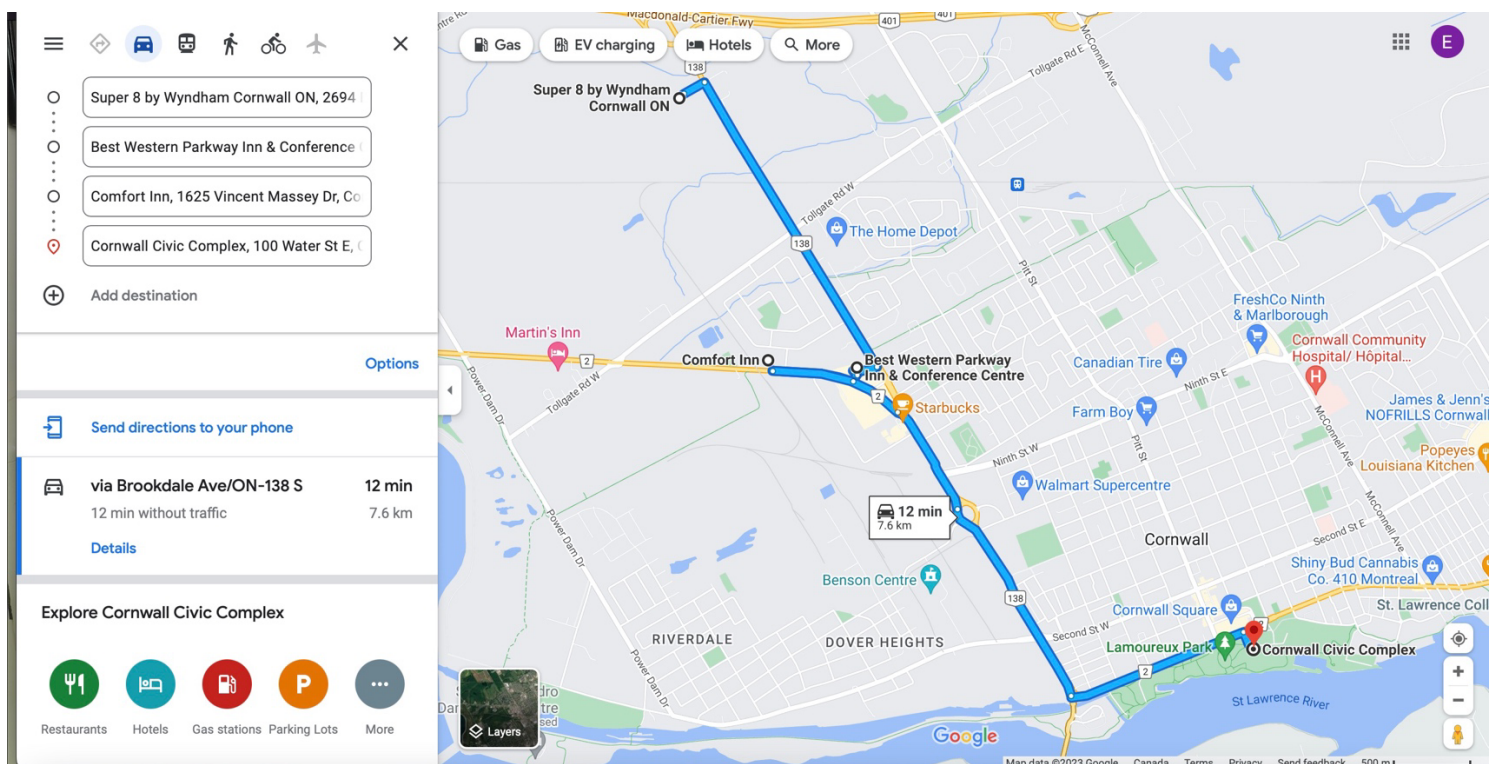


From Ottawa Take Highway 417 east to Highway 138. Proceed south to Cornwall. Turn right on Cornwall Centre Road, then left on Brookdale Ave. Turns left on to Water Street. Proceed East for 5 blocks and the Civic Complex will be on the right.

From Toronto Take Highway 401 east to Brookdale Ave. exit. Proceed South. Turns left on to Water Street. Proceed East for 5 blocks and the Civic Complex will be on the right.

From Montreal Take Autoroute 20 or 40 west to Highway 401 then west to Brookdale Ave. Proceed South. Turns left on to Water Street. Proceed East for 5 blocks and the Civic Complex will be on the right.

Screen Shot of the three hotels in proximity to the Civic Complex



Discover all that Cornwall has to offer.

From the beautiful trails and waterfront to the unique shops and restaurants, trendy art galleries and fun attractions, there is no shortage of things to see and do in Cornwall. The numerous festivals and events offer a chance to celebrate and enjoy our great community. Beyond our borders, the beautiful SDG Counties and Akwesasne add another layer of charm, heritage and culture to our diverse fabric. We invite you to explore the city on your down time.

<https://cornwalltourism.com/>

Our diocese spans two of the three United Counties of Stormont, Dundas and Glengarry, so rich in history and tradition. The roots of our Catholic faith are found in Eastern Ontario.

This is the place **Where Ontario Began**

When you visit SDG, you'll find open minds, open roads, and open skies at every turn.

<https://www.sdgcounties.ca/>

We have a small town feel to our diocese; however, big cities surround us. Extend your stay and take a pilgrimage to St. Joseph's Oratory, just an hour east of us Cornwall ...

<https://www.saint-joseph.org/en/>

... Or to the west of us, visit historic Upper Canada Village, an interactive village which will take you back to the 1860s ...

<https://www.uppercanadavillage.com/location/upper-canada-village/>

... And to the north of us is our Nation's Capital, Ottawa, with so many of our country's national museums and so much more for you to see and enjoy.

<https://ottawatourism.ca/en>