History of Valentines Day OPC Administrative Assistant, Wilma Vanderzwaag

The story of Valentine's Day isn't just about chocolates and flowers; it's a powerful testament to love, faith, and the courage to stand up for what's right. It begins centuries ago, in a time of oppression, with Roman Emperor Claudius II, a man determined to control not just his army, but even the hearts of his people. He outlawed marriage, believing it would hinder his soldiers' focus. But in the face of this injustice, stood a humble Christian man named Valentinus, a beacon of love amidst the darkness.

Valentinus, undeterred, secretly married couples, defying the emperor's decree and honoring the sacred bond of love. His actions were born not of rebellion, but of a deep-seated belief in the power and importance of love. This act of defiance led to his imprisonment, a stark reminder that sometimes the greatest acts of love require sacrifice.

However, even behind bars, Valentinus's spirit shone brightly. He befriended his jailer, Asterious, and was invited to help his blind daughter, Julia. Valentinus shared his vast knowledge with her, painting vivid pictures of the world through stories of history and nature. He taught her math and, most importantly, introduced her to God. Through Valentinus's patient guidance, Julia discovered a world beyond her darkness, finding comfort and joy in his quiet strength and wisdom.

One day, Julia confided that she prayed every night and day to be able to see. Valentinus explained that God has a purpose for each of us and that He answers our prayers in His own time. They prayed together, and in that moment, a miracle occurred: a brilliant light filled the cell, and Julia could see! Their shared faith had given her the gift of sight. This event affirmed the power of faith and love, the same virtues which motivated Valentinus's actions from the beginning.

On the eve of his execution, Valentinus penned a final note to Julia, urging her to remain close to God, signing it simply "From Your Valentine."

This final message, a poignant expression of love and devotion, is the origin of the messages that are sent today on Valentine's Day. He was executed on February 14th, but his legacy of love and faith endured. A pink-blossomed almond tree was planted at his gravesite by Julia, symbolizing a love that blossoms even in the face of adversity.



And so, the story of Valentine's Day reminds us that love is not just a feeling, but is an act of courage and devotion, a force that can inspire, heal, and endure. It's about the quiet acts of love, the faith that sustains us, and the unwavering belief in the power of human connection. So, this Valentine's Day, let us remember and embody these values and the beautiful inspiration of love and kindness that was born from the sacrifice of a man named Valentinus.

Happy Valentine's Day!

