

ONTARIO PROVINCIAL COUNCIL OF
THE CATHOLIC WOMEN'S LEAGUE OF CANADA
CONVENTION

— 2025 —

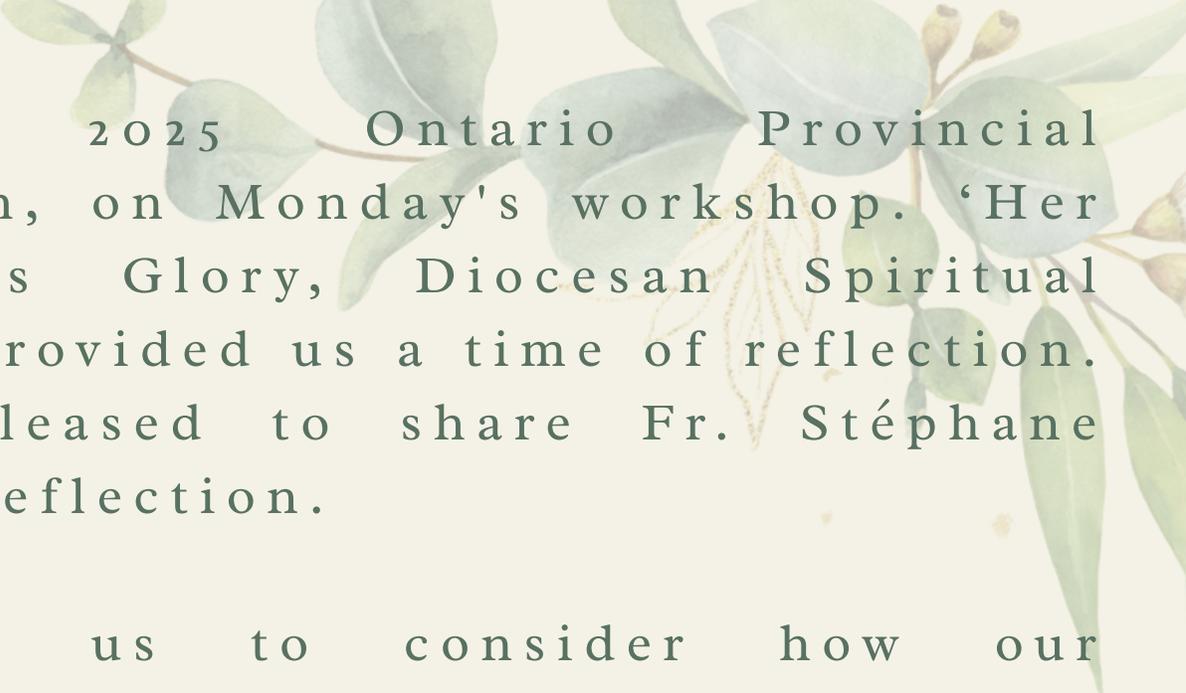
SPIRITUAL SHARING

Father Stéphane Pouliot,
Kingston Diocesan Spiritual Advisor



PAUSE-PRAY-REFLECT





At the 2025 Ontario Provincial Convention, on Monday's workshop. 'Her Story, His Glory, Diocesan Spiritual Advisors provided us a time of reflection. We are pleased to share Fr. Stéphane Pouliot's reflection.

He asked us to consider how our individual gifts and stories, which are part of God's plan, reflect on our own Purpose and Calling.

Our story has meaning beyond what we see. Even in struggle or uncertainty, God is shaping a life that glorifies Him.

Father Stéphane invited us to reflect through Scripture, with reflections on New Testament stories, highlighting how each revealed personal purpose and divine calling.



To explore God's purpose for our lives—our unique calling.

"Your story has meaning

SCRIPTURE REFLECTIONS

John & Acts

- † **John 4:29:** Come and see a man who told me everything I have ever done!
- † **Acts 16:15:** Lydia: If you have judged me to be faithful to the Lord, come and stay at my home.
- † **Acts 18:26** "... when Priscilla & Aquila heard Apollos they took him aside and explained the Way [of God] more accurately.

Luke & Mark

- † **Luke 10:41-42:** There is need of only one thing. Mary has chosen the better part, which will not be taken away from her.

She has performed a good service for me ...
- † **Mark 14:6,8,9** She has done what she could. She has anticipated anointing my body for burial.

Truly I tell you, wherever the good news is proclaimed in the whole world, what she has done will be told in remembrance of her.
- † **Luke 1:42** Blessed is she who believe that there would be a fulfilment of what was spoken to her by the Lord.
- † **Luke 1:44:** For as soon as I [Elizabeth] heard the sound of your greeting, the child in my [Mary] womb leaped for joy."
- † **Luke 1:30:** Do not be afraid, Mary, for you have found favour with God.

SCRIPTURE REFLECTIONS

Esther & Ruth

† **Esther 4:14C:** Perhaps you have come to royal dignity for just such a time as this.

† **Ruth 1:16:** Do not press me to leave you or turn back from you.

Where you go I will go;
where you lodge, I will lodge;
Your people shall be my people,
and your God my God.
Where you die, I will die – there will I be buried.

May the Lord do this and so to me, and none as well, if even death parts me from you.

Judges

† **Judges 5: 24-26** Most blessed of women be Jael, the wife of Heber the Kenite, of tent-dwelling women most blessed.

[General Sisera, Commander of the Army of King Jabn]

... asked water and she gave him milk, she brought curds in a royal bowl.

She put her hand to the tent peg and her right hand to the workmen's mallet.

She struck Sisera a blow, she smashed his head, she shattered and pierced his temple.

*Before I formed you in the womb, I knew you..." – Jeremiah 1:5.
These are not just poetic words—they are a promise.*

*"I chose you and appointed you so that
you might go and bear fruit..." – John 15:16*

Father Stéphane gave us a wonderful and spiritual journey that shapes us as women of faith — moments set apart for quiet reflection, for deep connection, and for joyful renewal.

May we be inspired by the stories of these women and respond
to our own calling with faith and obedience.

May we trust that God is shaping our lives for His glory, even in moments of uncertainty.

Let us walk forward with courage, grace, and devotion,
knowing that our story is part of His eternal plan. Amen.